



# OES AND

The Surgery Club

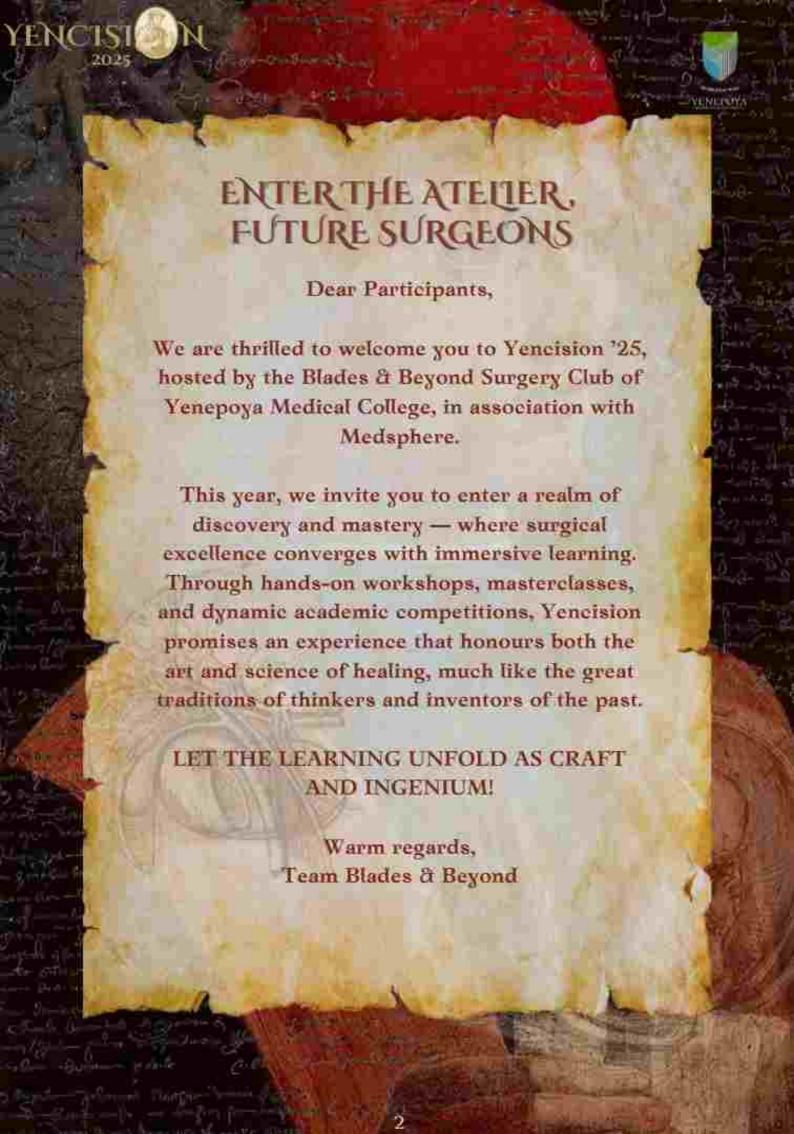
of

Yenepoya Medical College, Mangalore presents

## YENCIST 2025

National Undergraduate conference

15-16th November 2025







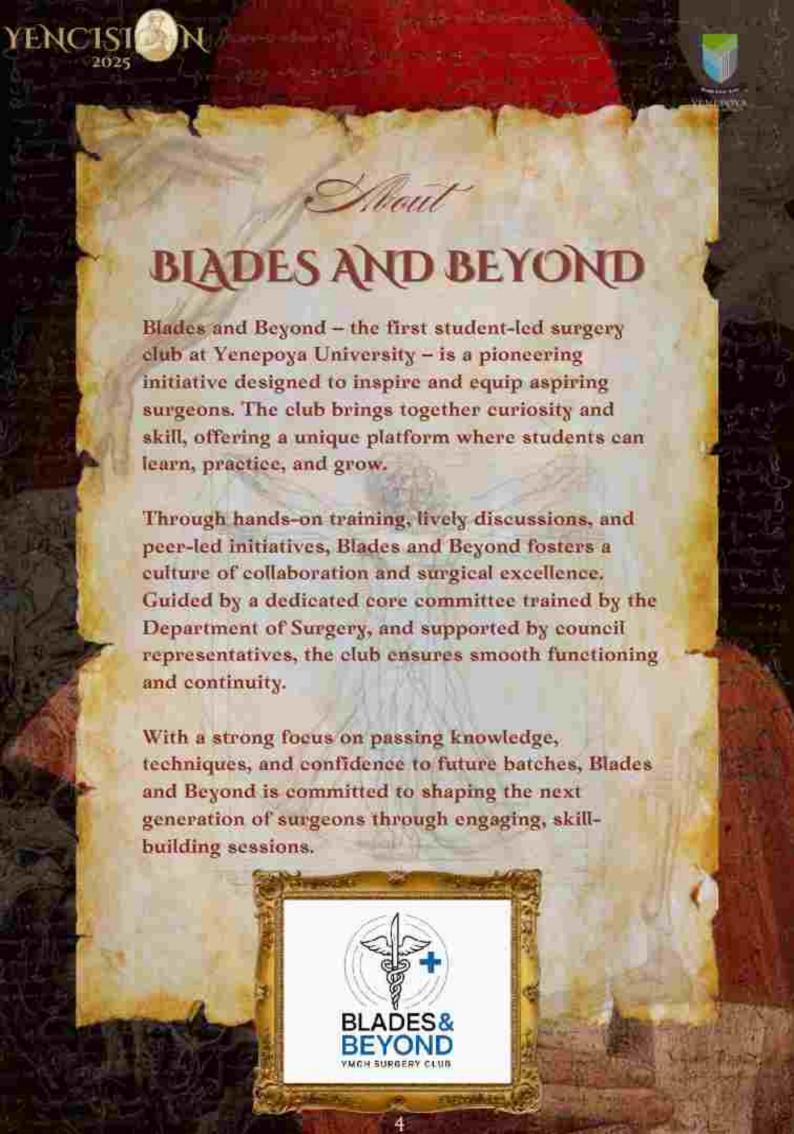
### YENEPOYA MEDICAL COLLEGE

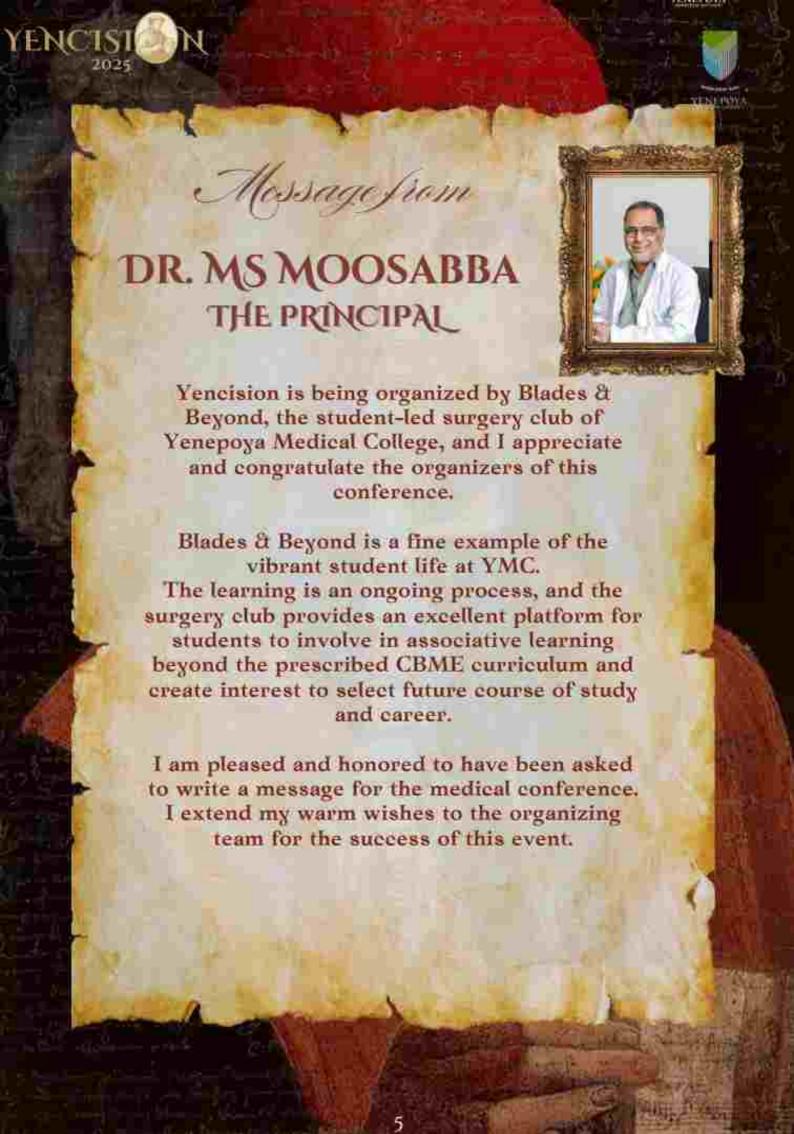
Established in 1999, Yenepoya Medical College began its journey under the affiliation of Rajiv Gandhi University of Health Sciences, Bangalore, and in 2009 became a proud constituent college of Yenepoya (Deemed to be University). With the approval of the National Medical Commission, the MBBS intake was expanded in 2023 to 250 students, reflecting the institution's growing capacity and commitment to medical education.

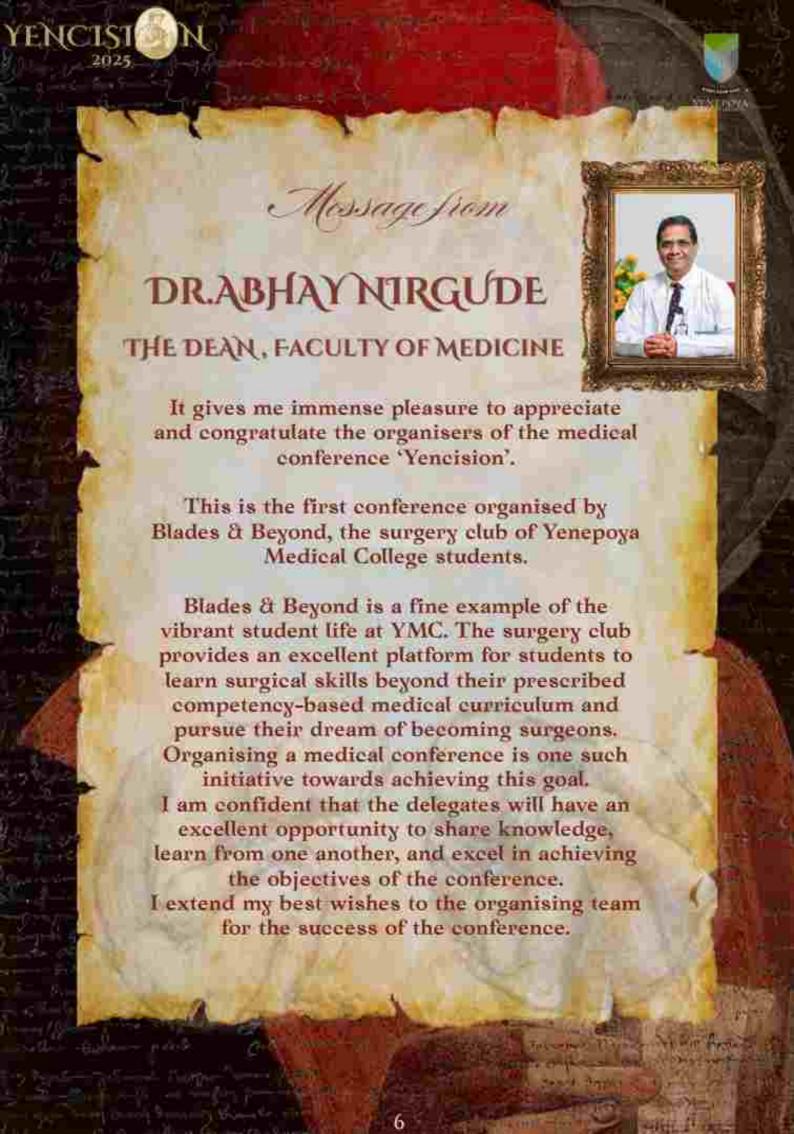
Today, the college offers postgraduate training with MD/MS programs in 23 departments, along with superspeciality programs (M.Ch./DM) in 3 departments, ensuring comprehensive academic and clinical exposure.

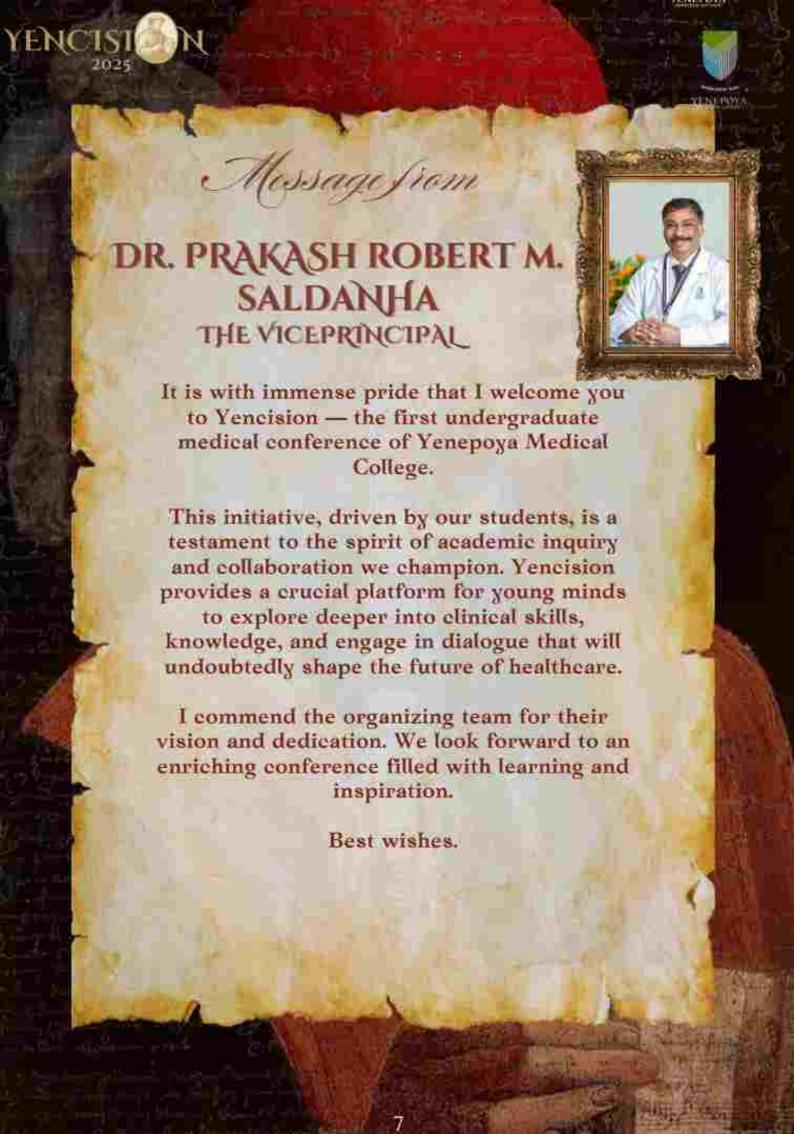
The Yenepoya Medical College Hospital stands as a benchmark for quality healthcare, being NABH-accredited, while its laboratories are NABL-accredited—upholding the highest standards in patient care and diagnostics.









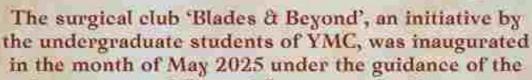




### Mossage from

### DR.HARISHCHANDRA B.

HEAD OF DEPARTMENT, GENERAL SURGERY



Department of General Surgery at the Yenepoya Medical College, a unit of Yenepoya (Deemed to be University), with an aim to stimulate the medical students to learn more about the aspects of general surgery and allied branches of medicine, which is beyond the scope of the regular teaching-learning sessions and to make the students get an immersive learning experience, get involved in research and innovations in the field.

It is exciting and heartening to know that in such a short span of time, Blades & Beyond, in addition to the regular monthly meetings, is organising an intercollegiate conference "Yencision" for the undergraduate students, where there will be handson skill training on various basic elective surgical as well as surgical emergencies, interactive learning sessions, and learning by immersive experiences. There will be scope for innovative thinking, exchange of ideas, honing the leadership skills, and networking in the field of surgery.

I wish an illuminating and enriching experience for all the delegates and all the success for the conference.





### **OUR PATRONS**



Dr. Yenepoya Abdolfa Kunfii Chancellor



Air. Mohammed Furfund Venepoya Pro Chancellor



To M Commission The Commission



Dr.K. S Commentatic Summyou Registrar:



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• SCHEDULE	11
• PACKAGES	13
• WORKSHOPS	14
• MASTERCLASS	27
• <u>DEBATE</u>	31
• QUIZ	32
• POSTER PRESENTATION	34
• BANQUET DINNER	38
• REGISTRATIONS	41
• ORGANISING COMMITTEE	47
ABOUT MANGALORE	51
• CONTACT US	53







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### WORKSHOPS

1. THE VERTIGO LAB

2.THE VITROUS VAULT

3.THE VITRUVIAN CUT

4.CANVAS OF RESTORATION

5.THE TREATISE OF BIRTH

6.DUAL CODEX: TRIAGE AND AIRWAY MANGEMENT

7.THE CRIMSON CIPHER

**8.ANATOMICA NOVA** 

9.VISION DECODED

10.ORTHO-GAMI

11.COMPENDIUM OF OBSTETRICS



15th November 2025 9 am - II am

"Mastering balance begins with understanding the smallest of movements"

The session features Vertigo manoeuvres, followed by a quiz — unlocking the genius within you.

#### What you will learn-

- •Demonstration & Practice of key maneuvers:
- Dix-Hallpike Test
- Epley's Maneuver
- •Semont Maneuver
- .Brandt-Daroff Exercises
- .Followed by a quiz

#### Why attend?

- Identifying Benign Paroxysmal Positional Vertigo.
- · Differentiating central from peripheral vertigo.

This immersive hands-on learning experience brings together the core principles of Otorhinolaryngology.

Designed for aspiring clinicians, it blends interactive teaching with practical simulation to equip delegates with the skills required to act swiftly and effectively.

(BY DEPARTMENT OF OTORHINOLARYNGOLOGY)



Contact detail-

Maryam Zubair +91 74835 40394 Martha Joseph +91 96334 93888



WORKSHOP NI MBLR 2

### The Vitrous Vault

DIRECT & INDIRECT OPHTHALMOSCOPY

15<sup>th</sup> November 2025 9 am - II am

"Seeing is believing, examining is diagnosing."

Fundus Examination Workshop

Take your diagnostic skills to the next level with hands-on training in
direct and indirect ophthalmoscopy.

#### What you will learn-

- · Techniques of direct and indirect ophthalmoscopy
- Identifying optic dises, vessels, and retinal backgrounds
- · Proper handling and focusing of the ophthalmoscope
- · Interpreting subtle findings to inform diagnosis

Why attend?

Every tiny detail matters—this session equips you to see what others might miss, transforming observation into life-changing diagnoses.



(BY DEPARTMENT OF OPHTHALMOLOGY)

Contact detail-

Lamiyah Mariyam +91 98950 81699







### Ganvas of Restoration

### TECHNIQUES OF SPLINTING FRACTURES & DENTAL WIRING

15<sup>th</sup> November 2025 2pm - 4pm

### "A fractured bone is a canvas awaiting restoration."

This session takes you beyond the basics of casting and splinting
—challenging you to blend precision with creativity.

#### What you will learn-

- · Indications and principles of splinting
- Techniques of cast and splint application
- Achieving stability and alignment with Helmet Removal techniques
- · The art and engineering of fracture support
- · Techniques of dental wiring in trauma

#### Why attend?

Discover the craft of immobilization—where a well-applied cast becomes both scaffold and safeguard for healing.

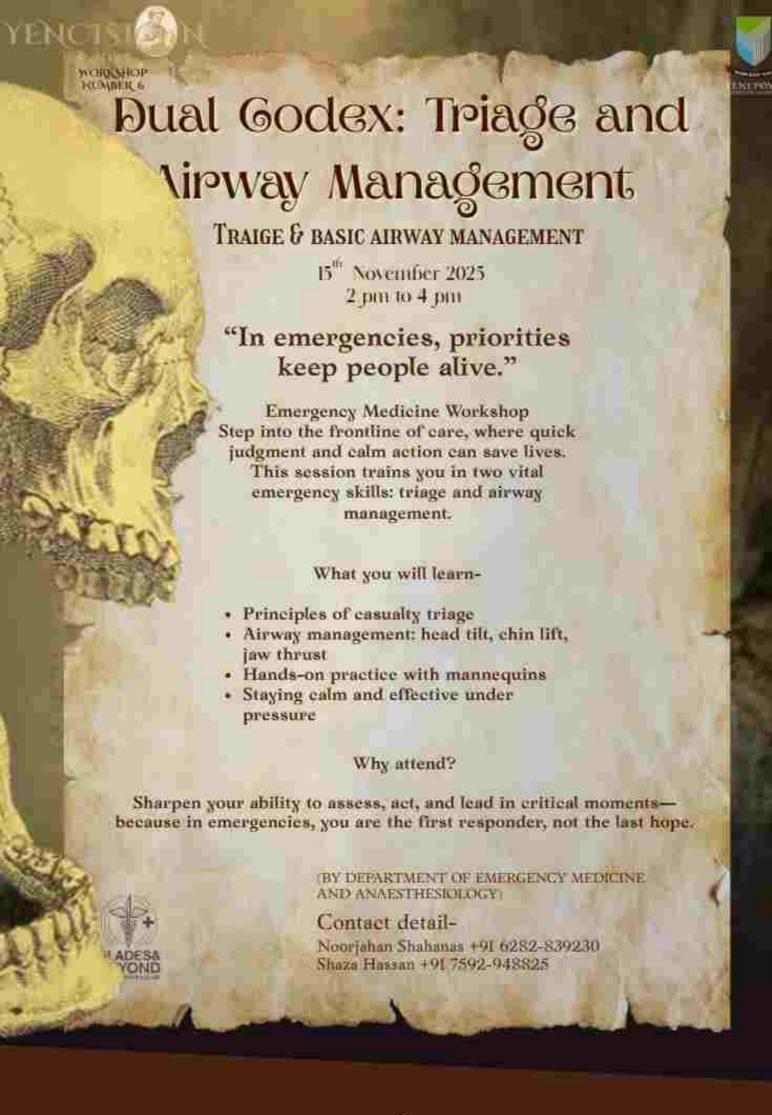


BY DEPARTMENT OF ORTHOPAEDICS AND OME

Contact detail-

Hrishab Hegde +91 8140779995 Shrutika Dhula S +91 97432 99807







### The Grimson Gipher

### SURGICAL EMERGENCY WORKSHOP

16<sup>th</sup> November 2025 10am to 12 pm

### "Emergencies speak in riddles; it is our task to listen, decode, and act."

This session plunges you into the heart of acute surgical care where swift thinking, sharp eyes, and steady hands can tip the balance.

#### What you will learn-

- · Unraveling the mysteries of abdominal trauma
- Decoding acute appendicitis
- Tackling perforation peritonitis
- Navigating the challenges of burns
- Managing life-threatening upper GI bleed
- Realistic scenarios with volunteers as patients
- Diagnostic puzzles with X-rays, labs, and clinical clues
- Faculty-led breakdown of management principles

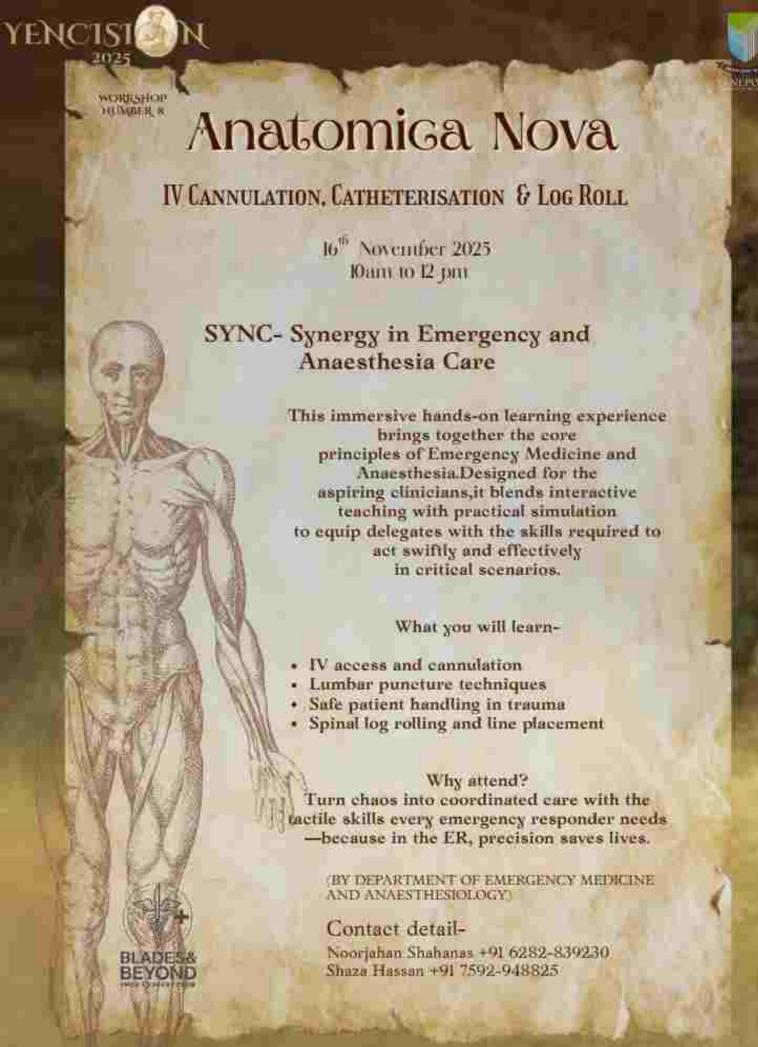
#### Why attend?

Because surgical emergencies don't wait. Here, you'll sharpen your diagnostic instincts, practice crisis management, and witness how every second and every decision can change the story of survival.

BY DEPARTMENT OF GENERAL SURGERY

Contact detail-

Sans Hasan +91 84311 53248 Stanley Sunny +91 94975 29835





NUMBER OF

### Vision Decoded

CATARACT SURGERY STEPS (WITH SIMULATION ON VEGETABLES)&
SUTURING WITH MAGNIFYING LOOPS / HOOPS (DEMO ON GOAT EYES)

16<sup>th</sup> November 2025 Joan to 12 pm

"Precision is the real vision."

Ophthalmology Simulation Workshop

Experience the precision of eye surgery in a hands-on,
creative setting using models and animal tissues.

#### What you will learn-

- Simulated cataract extraction using vegetables
- · Microsuturing techniques on goat eyes
- · Working with magnifying loops or glasses
- · Developing finesse, focus, and hand-eye coordination

Why attend?

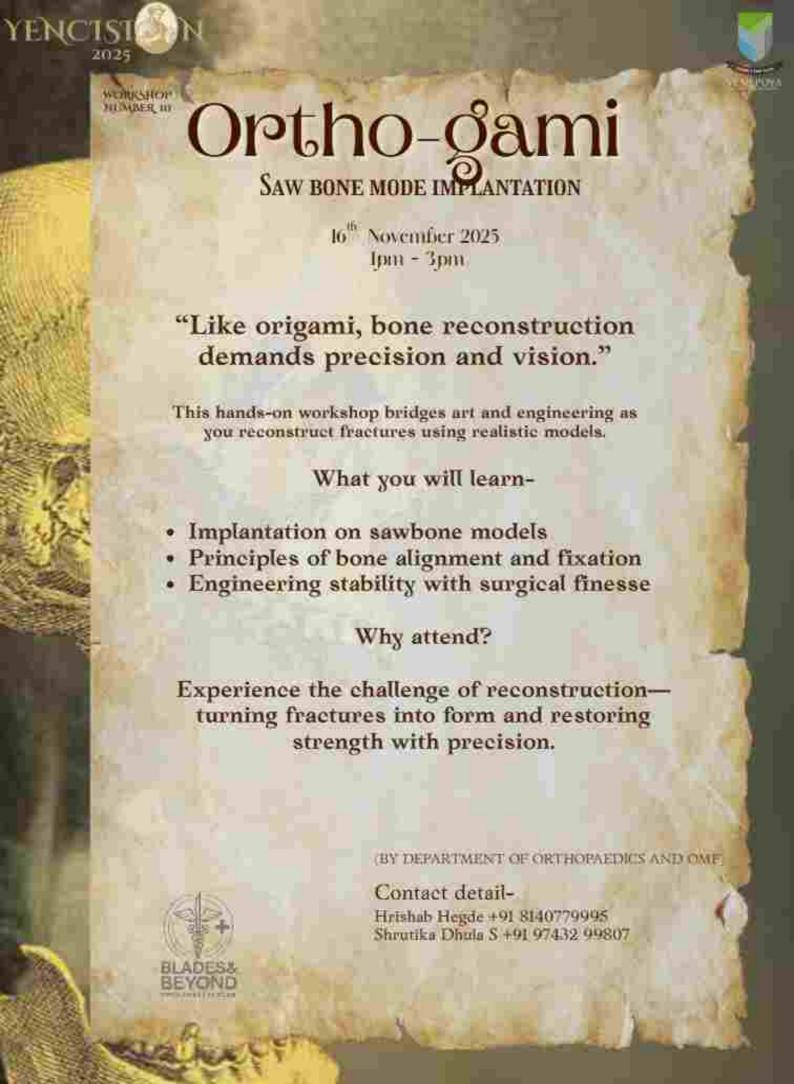
Sharpen your surgical precision and control in a safe, creative environment—where curiosity meets skill and practice becomes mastery.

(BY DEPARTMENT OF OPHTHALMOLOGY)

Contact detail-Lamiyah Mariyam +91 98950 81699



**ENERGY**A





### Gompendium of Obstetrics

PPH to Shoulder Dystocia

16<sup>th</sup> November 2025 Ipm = 3pm

When delivery turns critical, you turn confident."

Obstetric Emergencies Workshop

Learn to recognize and respond to two of the most critical
challenges in obstetrics; shoulder dystocia and postpartum
hemorrhage (PPH).

#### What you will learn-

- Maneuvers for shoulder dystocia( manual demonstration and practice )
- Recognition and management of PPH (practical management using condom catheters / B lynch procedure)
- · Simulation-based emergency training
- · Acting with urgency and composure

#### Why attend?

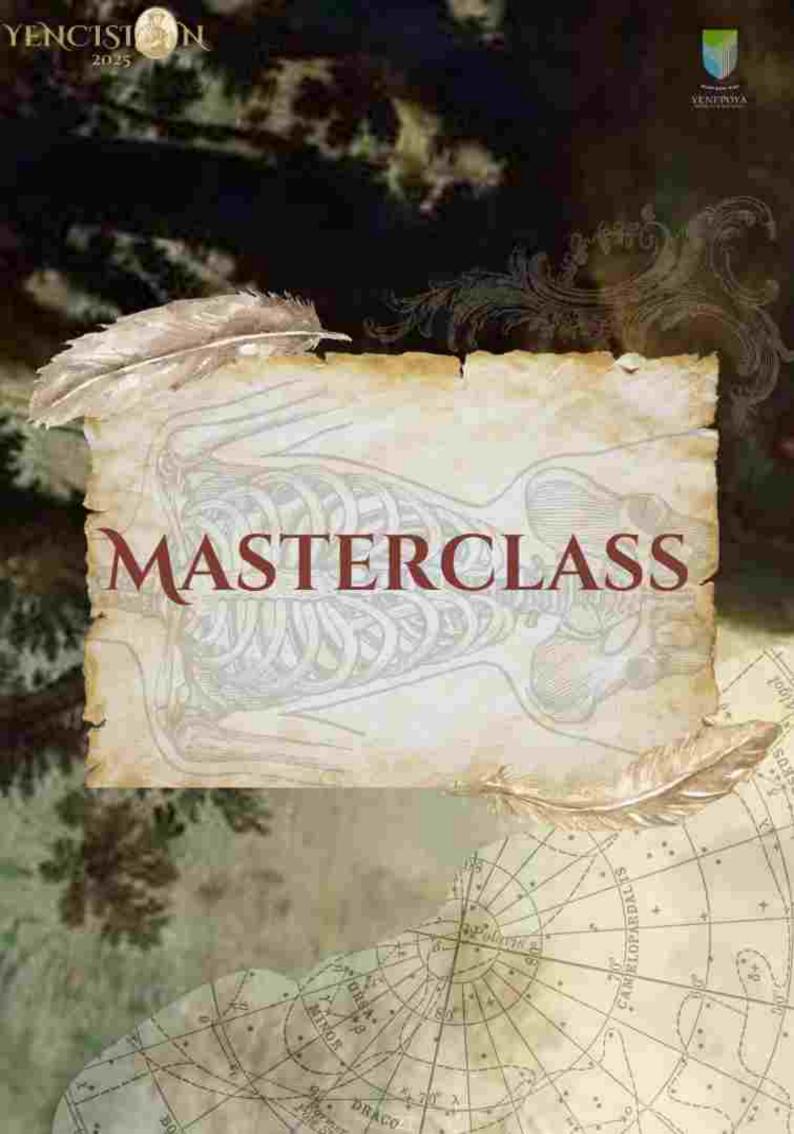
This session equips you with the confidence to act swiftly and effectively—because in obstetrics, those few seconds can save two lives.



BY DEPARTMENT OF OBSTETRICS & GYNAECOLOGY

Contact detail-

Arshiya Khan +91 88283 63995 Tharun Hegde +91 82961 53993





### A PHYSICIAN'S STUDY IN SELF MASTERY

Wellness & Resilience Workshop

Behind the white coat lie hidden challenges—self-doubt,
perfectionism, and burnout. This session helps you recognize
impostor syndrome, manage its impact, and build resilience for a
healthier, more sustainable medical career.

Why attend?

Equip yourself with strategies to thrive personally and professionally, because healthy doctors care best.

Dr Ravichandra Karkal is Professor and Head of Psychiatry, Yenepoya Medical College, Mangalore. He has done his MBBS from Mysore Medical College and Research Institute, Mysore in 2008 and MD in Psychiatry from Central Institute of Psychiatry, Ranchi in 2013

He is member of Medical Education Unit, Yenepoya
Ethics Committee and Yenepoya Faculty development
centre. He is a researcher with over 30 national and
international publications, which have been cited 450
times with h-index 11. His research team have recently
been funded by ICMR for a project on Climate change and
mental health. He has also guided 3 undergraduates for
ICMR-STS projects.



### DECIPHERING MULTIPLE-CHOICE QUESTIONS

Multiple-choice questions are a test of strategy, precision, and critical thinking. Do you find yourself second-guessing answers, falling for elever distractors, or running out of time? It's not about what you know, but about how you approach the problem.

This masterclass will help you learn to move beyond rote memorization and truly decipher the structure of any MCQ.

In this session, you will learn to:

- Decode the Question: Uncover the hidden clues and traps within each question stem.
- Master the Art of Elimination: Develop powerful techniques to quickly and confidently discard incorrect options.
- Manage the Clock: Learn time-tested strategies for efficient test-taking and time management.

Whether you are a student preparing for an academic exam or simply looking to sharpen your cognitive skills, "The Codex of Choices" will unlock the secrets to higher scores and lasting confidence.

Dr Malcolm Pinto is Professor and HOD of Dermatology, venereology and leprosy department, Yenepoya Medical College, Mangalore. He has done his MBBS from Yenepoya Medical college in 2008 and MD in DVL from Father muller medical college, in 2014. He is the Convenor of Scientific review board A and member of Yenepoya Ethics Committee.

He has 53 publications in journal articles, 11 chapters in books and 33 guest lectures to his credit. Quizmaster at various dermatology undergraduate and postgraduate quizzes. Neet PG Dermatology faculty at national level online platform (Marrow) and had been guiding several students for exams for the past 10 years.



## CHARTING A SPINE SURGEON'S JOURNEY FROM FOUNDAT SKIUS TO MASTERPIECE

For centuries, masters like Leonardo da Vinci charted the human body not as a puzzle to be solved, but a masterpiece to be explored.

Through this masterclass, we embark on a similar journey. From the foundational strokes (MBBS) of the faculty's early training; learning to bring stability to the most chaotic of trauma injuries(Ortho MS skills) to the intricate, meticulous work of modern endoscopic surgery(Spine super speciality skills), this masterclass is a living timeline. We'll explore how the core principles of our craft have evolved into a symphony of advanced techniques. Join him as he revisits the past, understand the present, and build the future of spine surgery, one story at a time.

#### DR. TUSHAR KUNDER

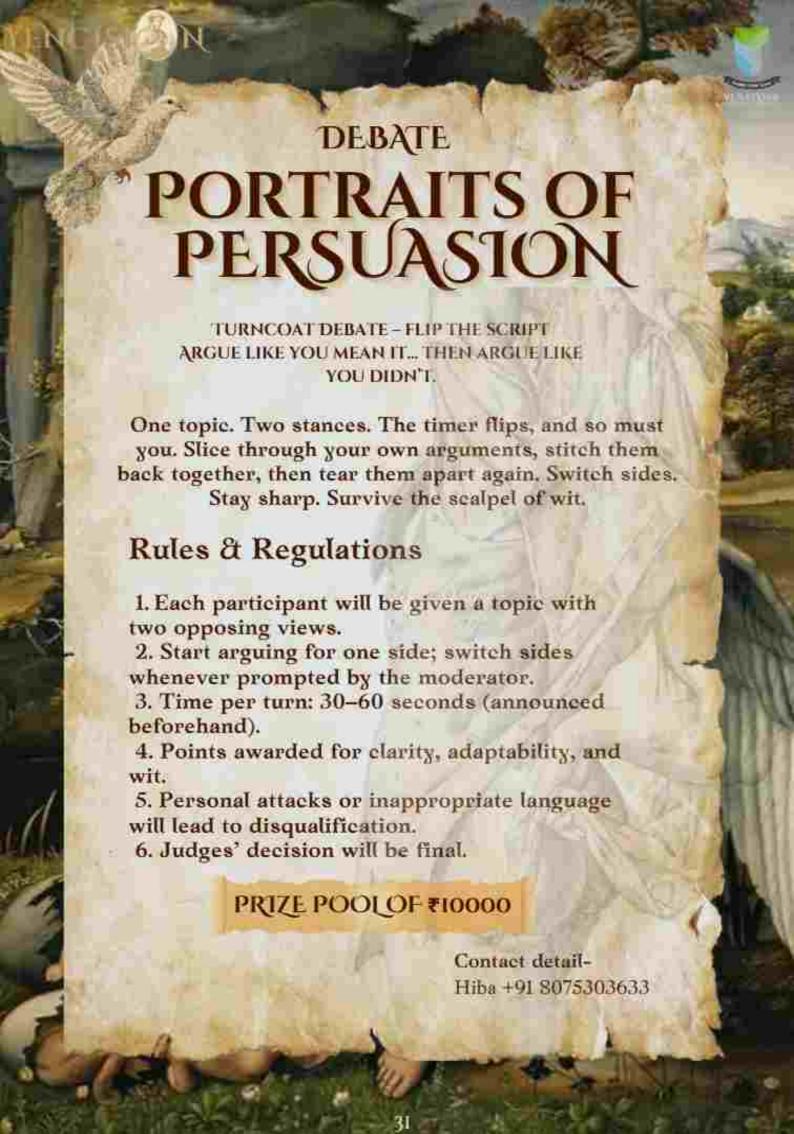
Orthopaedic endoscopic spine surgeon based in mangalore and Kasargod

He holds an MBBS and an MS in Orthopaedics and has several years of experience and practices in and around Mangalore

Avid researcher and teacher with multiple podium presentations and publications to his name

He is also a spine fellowship mentor at yenepoya university







AMNESIA ARENA: RECALLOR FLATUNE! UNDERGRADUATE GENERAL MEDICINE QUIZ

Organised by:

Medsphere: The undergraduate General Medicine Society of

YMCH



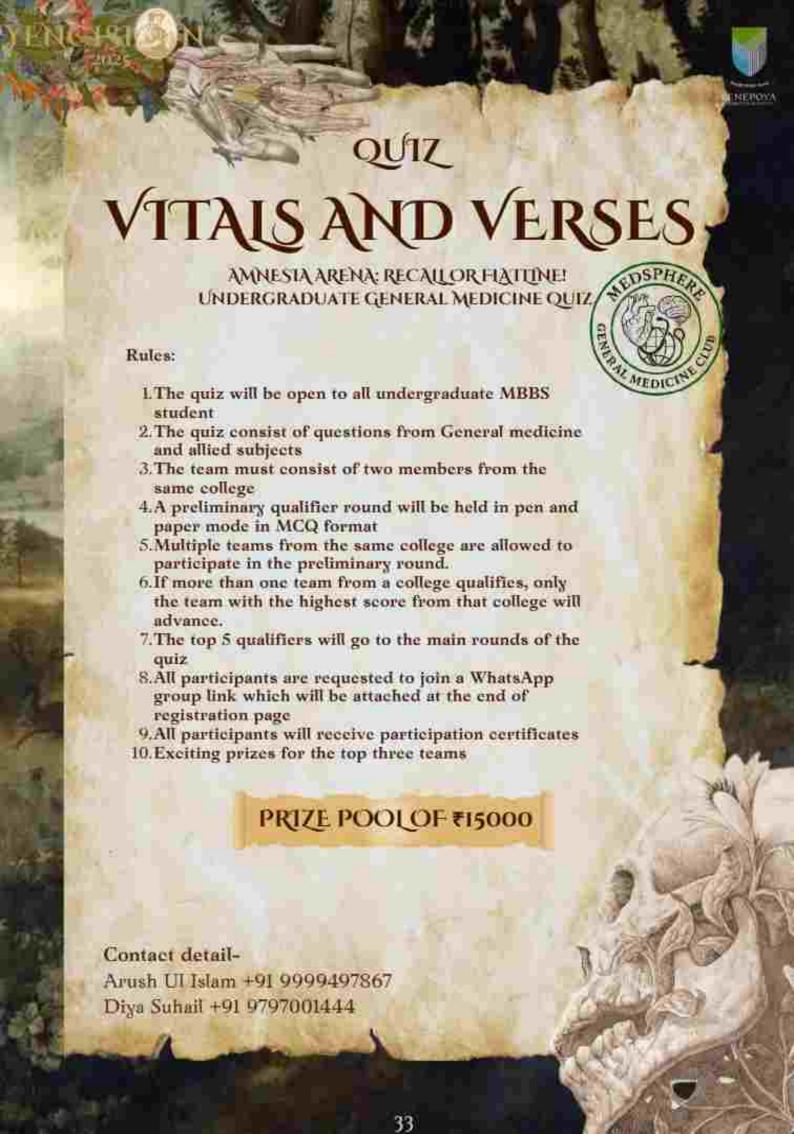
Step into the world where quick thinking meets clinical knowledge! This quiz is designed to test your grasp of medicine-from foundational concepts to tricky case-based scenarios. Whether you're here to sharpen your diagnostic skills, challenge your recall, or simply enjoy some healthy academic competition, you're in the right place.

Expect a mix of rapid-fire questions, thought-provoking cases, and the occasional brain-twister. It's not just about getting the right answer-it's about thinking like a clinician under pressure.

So, put on your metaphorical white coat, channel your inner diagnostician, and get ready. The stethoscope is in your hands, the patient is waiting, and the clock is ticking.

Let's see who's the real medical mastermind!

Contact detail-Arush Ul Islam +91 9999497867 Diya Suhail +91 9797001444





# RESEARCH

WHERE THE SPIRIT OF DISCOVERY IS REBORN

From the mysteries of rare cases to the breakthroughs of modern research.

this gallery echoes the vision of Da Vinci uniting observation, imagination, and precision.

> Each poster is a living sketch: a patient's story traced with care, an innovation mapped with detail, a question unfolding into knowledge.

Together, they form a masterpiece of healing—
a true renaissance in the art and science of medicine.

#### Rules & Regulations

- · Eligibility:
- I. Undergraduate MBBS students and interns are allowed to participate.
- 2. Participation is allowed individually or in teams of 2.
- 3. Intercollegiate teams are not allowed.
- Only 1 of the participants is allowed to present, however Q&A is open to both participants.
- All team members must register individually for the plan that has the respective event.
- Submissions must be research studies, case reports, or case series, that convey focused and insightful contributions to the medical field.
- Only one member from the team needs to submit the abstract on behalf of the team.

Contact detail-

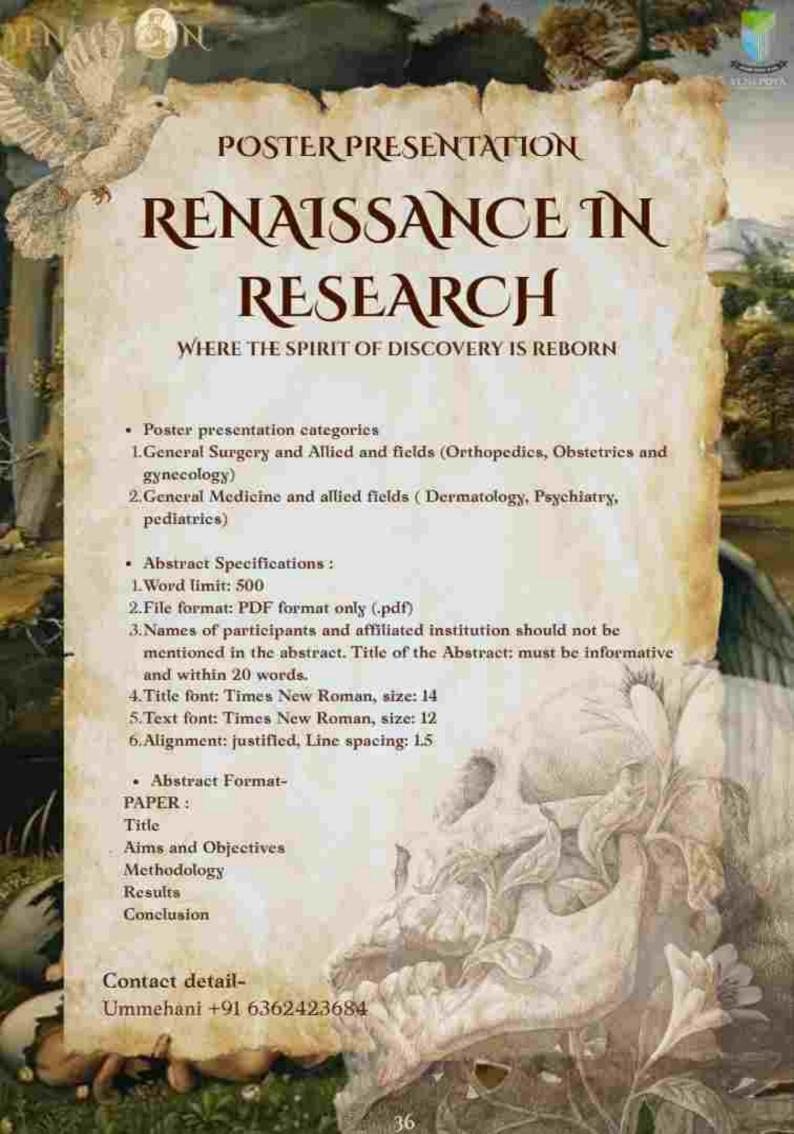
Ummehani +91 6362423684

# POSTER PRESENTATION RENAISSANCE IN RESEARCH

### WHERE THE SPIRIT OF DISCOVERY IS REBORN

- The scientific committee will choose abstracts following an extensive evaluation.
- 1.The abstract must be the author's original work, with less than 10% similarity index. (Your abstract must be your own original writing and when checked for plagiarism it, should not have more than 10% similarity with existing published content.)
- Any images used should be original and from the institution one belongs to, we recommend the use of high-definition images.
- The confidentiality of the subject or patient should be maintained and consent should be taken.
- Abstracts that are submitted must not have been presented in prior conferences.
- Time limit of 5 minutes + 2 minutes (presentation + Q&A Session)
- · Top three posters in each Category will be awarded.
- Endorsement letter by the Head of the Institution/Dean is a necessity for presentation along with Institutional Ethics Committee approval.

Contact detail-Ummehani +91 6362423684



# POSTER PRESENTATION RENAISSANCE IN RESEARCH

WHERE THE SPIRIT OF DISCOVERY IS REBORN

· Abstract Format -

CASE :

Title

Background

Case Report

Conclusion

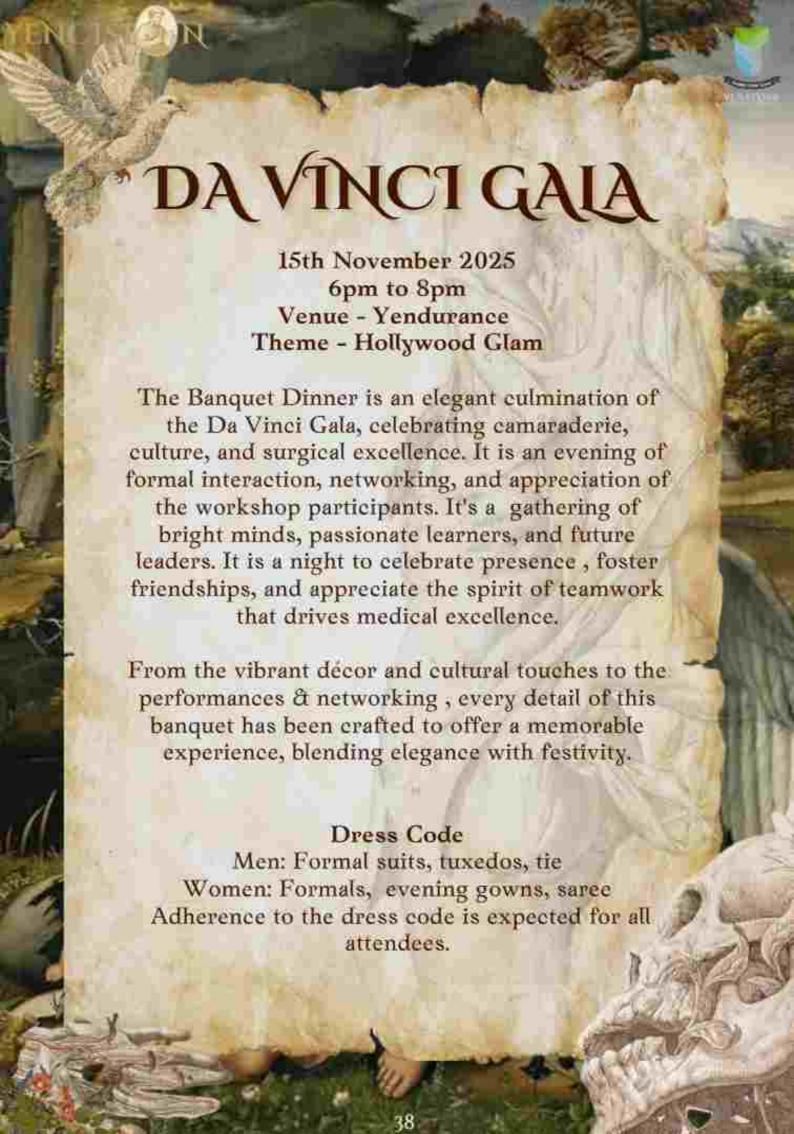
Keywords

- Abstract submission guidelines -
- LAbstract to be submitted by -- (19/10/25 -25/10/25)
- Upon submitting the registration form, applicants will receive the poster presentation google form via email to submit their abstracts.
- 3. No extension requests will be entertained.
- 4. The file should be named as follows: Your college registration number followed by underscore followed by the Affiliated Department,
- —For eg: 20M103\_orthopedies will indicate your registration ID with orthopedies as the Affiliated Department and Surgery and Allied subjects as your Category,

You shall be notified via email upon the selection of your abstract

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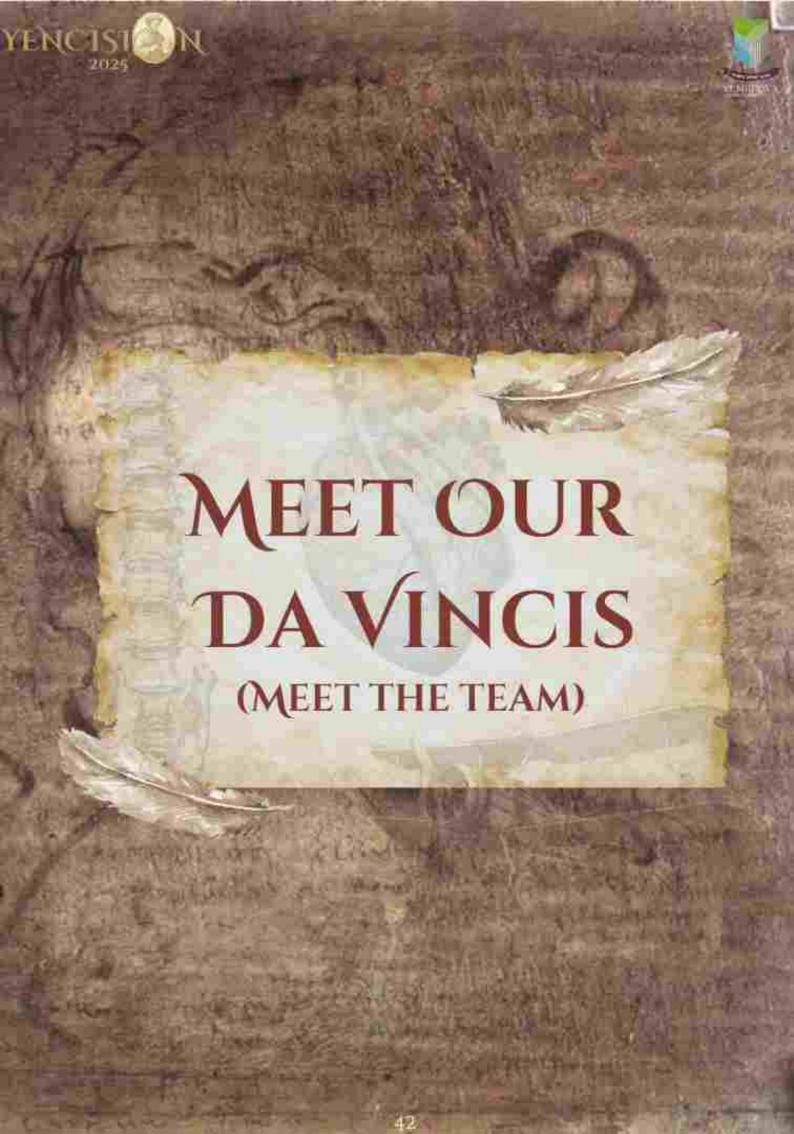
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### DA VINCI GALA Behavior & Conduct \* Maintain decorum and professionalism throughout the evening. \* Respect fellow participants, faculty, and staff at all times. \* Follow seating arrangements and instructions provided by organizers. \* Outside food or drinks are not allowed. \* Use of illegal substances will not be tolerated Event-Specific Regulations \* Be punctual; late arrivals may miss portions of the program. \* Respect cultural and traditional elements incorporated into the banquet. \* Participate in activities (if any) with enthusiasm while maintaining etiquette. \* Avoid causing disturbance during speeches, performances, or award ceremonies Contact detail -Arshiya Khan +91 88283 63995









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#### Lamiyafi Mariyam

Organising Co-Chairperson Founder/Vice President - Blades & Beyond

ABBS Disaf Veni





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Secretary - B&B

Tharun Hegde Sponsorship Chairperson Vice Secretary-B&B

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Stanley Sunny Registration Chairperson Vembership Coordinator -B&B

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> Cartherine S Mathew Marketing and Promotions MBRS Third Year





Ayestra Bida Scientific Committee(OBG)/ Markethen and Promotions/ Disciplinary Commune ABBS Third Year

> Jesun John Reception Committee MBRS Timu Jean





Minn Akton Organishing Communer MBBS Second Year

> South Salena Marketing and Promotions/ Scientific Communic Cargery// Cathural Communic MBSS Third hear





Dominior Akhtar Secretion Committee Albbs Hunfbear

> Manual Panival Command and Certificate Committee MBRS Third Sear





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#### AN ODE TO MANGALORE

Welcome to Mangalore - Where Medicine
Meets the Sea!

As you gather here for the conference, we invite you to step
beyond the feeture halfs and experience the charm of
Mangafore – a vibrant coastafeity where tradition, science, and
the sea beautifully converge.

#### Beaches that Breathe Serenity

Enwind at Panambur Beach or Tannirbhavi Beach, where golden sands meet the Arabian Sea. Watch the sun melt into the horizon after a day of sessions, or simply let the sea breeze

recharge you.

#### Heritage & Cufture

Explore Kadri Manjunath Temple, one of the oldest in South India, or admire the stunning architecture of St. Aloysius Chapel, known for its breathtaking frescoes. These landmarks reflect the city's deep spiritual and cultural roots.

