

Health Talk on breast cancer awareness in Nishara school

Organized by: Rural Health Training Center, Harekala, Department of Community Medicine, Yenepoya Medical College Hospital.

Date: 02/11/2021

Time: 2:00 pm to 3.00pm

Location/area : Nishara School, Harekala.

Faculty in-charge: Dr Pavithra H, Assistant Professor, Dept of Community Medicine, YMC.

Speaker : Dr Pavithra H, Assistant Professor, Dept of Community Medicine, YMC.

Other team members: Dr Anusree, PG, Mrs Shwetha, Mrs Ranjitha, MSWs, RHTC, YMCH

Beneficiaries: Female staff of Nishara school, Harekala.

Total number of beneficiaries: 14.

As a part of world breast cancer awareness program, an initiative was taken by the department of Community Medicine, Yenepoya Medical College to conduct an awareness program on breast cancer. A session was arranged for the staff in Nishara school. The session was delivered by Dr Pavithra H, Assistant Professor, Dept of Community Medicine, YMC.

The talk was started with a simple case scenario of an old lady with breast cancer. The signs and symptoms of breast cancer, breast self examination, investigations and treatment aspects of breast cancer were covered in detail. The session was concluded with a brief discussion on the doubts asked.



GPS Map Camera



Harekala JHC, Karnataka, India
VW48+HMC, Harekala JHC, Karnataka 574199,
India
Lat 12.856289°
Long 74.914763°
02/11/21 02:14 PM

HEALTH EDUCATION IN MALAR ANGANWADI ON CHILDRENS DAY CELEBRATION

Organized by: Rural Health Centre, Harekala, Department of community Medicine, Yenepoya Medical College

Date: 15/11/2021

Time: 8.30am to 1.30pm

Venue: Malar Anganwadi, Harekala

Faculty in charge: Dr Akshaya KM, Yenepoya Medical College

Specialists who attended camp:

1. Dr Anusree Viswanath C , Post Graduate, Department of Community Medicine
2. Dr Ivan Issac, Intern

Beneficiaries: Residents under Malar anganwadi

Total number of beneficiaries of the camp: 80

Brief summary of the camp:

An health education session on nutritional awareness for children was conducted at Malar anganwadi, Harekala on the occasion of children's day celebration by the Department of Community Medicine, Yenepoya Medical College, Mangaluru which was organized by Malar anganwadi , Harekala on 15/11/2021. A total of 80 residents attended the health education session. The importance of balanced diet, their sources and inclusion of essential nutrients in regular diet was explained in detail. Awareness regarding nutritional deficiency, the symptoms and presentations was also given

SPECIALITY AND BLOOD DONATION CAMP AT BADRIYA SCHOOL, BUNDER

14/08/2021





Specialty camp report

Organized by: Department of Community Medicine Yenepoya Medical College, Yenepoya (Deemed to be University) and urban PHC, Bunder

Date: 15/11/2021

Time: 9.00am to 1.30pm

Venue: Yuvaka mandala Anganwadi, Kudroli.

Faculty in charge: Dr Pavithra H, Assistant Professor, Dept of Community Medicine, Yenepoya Medical College

Specialist involved:

1. Dr Pavithra H, Assistant Professor, Dept of Community Medicine
2. Dr Smith Senior Resident, department of OBGY
3. Dr Karishma, PG Department of OBGY
4. Dr Aniya Ahmed, PG department of Paediatrics

Beneficiaries: Residents from Kudroli area.

Total number of beneficiaries of the camp: 45.

Brief summary of the camp:

A speciality health check up camp was conducted by the Department of Community Medicine along with departments of pediatrics and obstetrics and gynecology, Yenepoya Medical College, Mangaluru along with urban PHC Bunder. A total of 45 beneficiaries attended the camp and utilized the services provided. Medications were prescribed and provided whenever necessary. For further evaluation and management, they were advised to follow up at Yenepoya Medical College. Advice on diet and exercise were given to the patients. The staffs and the interns present there were thanked for their cooperation.



Mangaluru, KA, India
KS Rao Nagar, Mangaluru, 575009,
Lat 12°51'19"N, Long 74°52'43"E
11/15/2021 10:35 AM

SCHOOL HEALTH TALK

Organized by: Department of Community Medicine Yenepoya Medical College

Date: 17/11/2021

Time: 10.00am to 12.00pm

Specialists who attended camp:

- Dr JeshelaM, Post Graduate, Department of Community Medicine Yenepoya medical college
- Paulomi Chatterjee, Phd Scholar Department of Community Medicine, Yenepoya medical college

Venue: St Raumont school Vamanchoor

Beneficiaries: Students of St Raumont school Vamanchoor

Total number of students attend the health talk: 50

Brief summary of the health talk

A school health talk on Menstrual health and menstrual hygiene was conducted by Department of Community Medicine at St Raumont school campus Vamanchoor, for 5th, 6th and 7th std girls on 17/11/21. A total of 50 students attended the session. It was an interactive session.



Special outreach health check-up camp in Urdu Anganwadi

Organized by: Department of Community Medicine and Urban Primary Health Centre, Bunder

Date: 17/11/2021

Time: 10:00 am to 1:00 pm

Venue: Urdu Anganwadi Centre, Bunder

Faculty in charge: Dr. Hrushikesh Udupa, Assistant Professor, Yenepoya Medical College Hospital

Health staff who attended:

1. Dr. Hrushikesh Udupa - Assistant Professor, Department of Community Medicine
2. Dr. Sana Haider - Postgraduate, Department of Obstetrics and Gynecology
3. Dr. Arjun Natarajan - Postgraduate, Department of Paediatrics
4. Dr. Shabina – Intern, Department of Community Medicine
5. ANM
6. Lab Assistant

Beneficiaries: Residents around Urdu Anganwadi

Total number of beneficiaries of the health checkup: 33 (General Medicine – 30, Obstetrics and Gynecology–3, Paediatrics-2)

Brief summary of the camp:

Department of Community, Yenepoya Medical College and Hospital along with Urban Primary Health Centre, Bunder conducted a specialist camp at Bolar Anganwadi on 17/11/2021 Wednesday. A total of 33 beneficiaries were examined. General Examination along with screening for Diabetes and hypertension was done as a part of health check-up.



Specialist outreach camp in Kaubail Panchalingeshwara
temple hall, Bajal

Organized by: Department of Community Medicine and Urban Primary Health Centre, Yekkur

Date: 27/11/2021

Time: 10:00 am to 1:00 pm

Venue: Kaubail Panchalingeshwara temple hall, Bajal

Faculty in charge: Dr. Shubhankar Adhikari, Assistant Professor, Yenepoya Medical College Hospital

Health staff who attended:

1. Dr. Shubhankar Adhikari - Assistant Professor, Department of Community Medicine
2. Dr. Apeksha - SR, Department of Obstetrics and Gynecology
3. Dr. Krithi - Intern, Department of Paediatrics
4. ANM
5. Lab Assistant

Beneficiaries: Residents around Kaubail Panchalingeshwara temple hall, Bajal

Total number of beneficiaries of the health checkup: 33 (Community Medicine – 27, Obstetrics and Gynecology–0, Paediatrics-6)

Brief summary of the camp:

Department of Community, Yenepoya Medical College and Hospital along with Urban Primary Health Centre, Yekkur conducted a specialist camp at Kaubail Panchalingeshwara temple hall, Bajal on 27/11/2021. A total of 33 beneficiaries were examined. General Examination along with screening for Diabetes and hypertension was done as a part of health check-up.

