

Expert PU College Hostel visit

Organized by: Yenepoya (Deemed to be University), Department of Community Medicine.

Date: 09/09/2021

Time: 10:00am – 12:00pm

Location/area :Expert PU College

Faculty in-charge: Dr Imaad Mohammed Ismail, Associate Professor, Department of Community Medicine

Postgraduates:Dr. Malavika Sachith

Other team members: Mr. Santhosh (Health inspector)

Expert is a residential PU college in Kodailbail, Manglore with around 2000 students. The courses offered there are 1st and 2nd PUC. In view of COVID among inmates the college was shut down 4 months back and currently only 1000 students of 2nd PUC are present in the campus. Around 1000 students of 1st PUC will join the campus by 15th September. There are 6 hostels in the campus (3 boys hostel, 2 girls hostel and 1 shared hostel with partition). Students here are predominantly from different parts of Karnataka like Hassan, Kolar etc. Students can only go home with prior permission from the principal and only with their parents/ guardian.

All 2nd year PUC students returned 1 week back with RTPCR COVID negative certificate from their homes. The college has imposed strict rules that all the RTPCR reports should be within 48-72 hours. All are not vaccinated as most students are not yet eligible for vaccination (Students are less than 18 years).

College has a residential medical officer Dr Ahad who is available round the clock within the campus. In the past 1 week the doctor noted around 40 cases of upper respiratory tract infection and among them, 20-30 cases of membranous tonsillitis were noted. Hence, all students underwent RTPCR test 2 days back and all were found to be negative.

Measures taken by the administration

- Water samples from the purifiers have been sent for tests
- Mask are compulsory for students and faculties in the classroom
- Social distancing is followed in the classroom and classes are taken in batch wise manner.
- Separate isolation and quarantine rooms are kept within the campus
- Bubbling technique is implemented in the mess. That is in one table only the 4 roommates will sit in the mess.
- Appointed in house doctor and staff nurse round the clock with all basic facilities including oxygen cylinder
- Have collaborated with Yenepoya Speciality hospital and Yenepoya Medical College to shift students in case of emergencies
- Specialist doctors visit the campus once in a week

Sl. No	Area	Findings	Recommendations
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1.	Quarantine room (Boys)	<ul style="list-style-type: none"> • Adequate ventilation present • Room is close to lecture hall 	<ul style="list-style-type: none"> • Remove middle row beds to ensure spacing • Post a security outside to make sure there is no mixing with negative students
2.	Quarantine room (Girls)	<ul style="list-style-type: none"> • Adequate ventilation present • Room is close to lecture hall 	<ul style="list-style-type: none"> • Post a security outside to make sure there is no mixing with negative students
3.	Alpha Hostel (Boys)	<ul style="list-style-type: none"> • Mosquito nets are present • Fogging is done • Rooms are clean • Inner wears are dried within the room • 4 people in a room of 120 sqft • 1 floor 40-50 students and 1 warden for each floor • Decentralised water cooler is present 	<ul style="list-style-type: none"> • Sanitiser to be kept in front of hostel • 2 people in a room • Separate drying area for clothes
4.	Beta Hostel (Boys)	<ul style="list-style-type: none"> • Mosquito nets are present • Fogging is done • Rooms are clean • Inner wears are dried within the room • 4 people in a room of 120 sqft • 1 floor 40-50 students and 1 warden for each floor • Decentralised water cooler is present 	<ul style="list-style-type: none"> • Sanitiser to be kept in front of hostel • 2 people in a room • Separate drying area for clothes
5.	Gamma Hostel (Boys)	<ul style="list-style-type: none"> • Empty hostel • Sanitiser is present 	
6.	Delta Hostel	<ul style="list-style-type: none"> • Mosquito nets are 	<ul style="list-style-type: none"> • Sanitiser to be kept

	(Mixed)	<p>present</p> <ul style="list-style-type: none"> • Fogging is done • Rooms are clean • Inner wears are dried within the room • 4 people in a room of 120 sqft • 1 floor 40-50 students and 1 warden for each floor • Decentralised water cooler is present 	<p>in front of hostel</p> <ul style="list-style-type: none"> • 2 people in a room <p>Separate drying area for clothes</p>
7.	Pie Hostel (Girls)	<ul style="list-style-type: none"> • Mosquito nets are present • Fogging is done • Rooms are clean • Inner wears are dried within the room • 4 people in a room of 120 sqft • 1 floor 40-50 students and 1 warden for each floor • Decentralised water cooler is present 	<ul style="list-style-type: none"> • Sanitiser to be kept in front of hostel • 2 people in a room • Separate drying area for clothes
8.	Lambda Hostel (girls)	<ul style="list-style-type: none"> • Mosquito nets are present • Fogging is done • Rooms are clean • Inner wears are dried within the room • 4 people in a room of 120 sqft • 1 floor 40-50 students and 1 warden for each floor • Decentralised water cooler is present 	<ul style="list-style-type: none"> • Sanitiser to be kept in front of hostel • 2 people in a room • Separate drying area for clothes
9.	Mess	<ul style="list-style-type: none"> • It is utilised in 3 shifts • Plates and tea glass are provided and washed in dish washer 	<ul style="list-style-type: none"> • Staff should serve food • Floor marking • Remove extra

		<ul style="list-style-type: none"> Water bottles are brought by students 	chairs and keep only 4 chairs per table
10	Library	<ul style="list-style-type: none"> 60 % occupancy No issues of mosquito 	<ul style="list-style-type: none"> Maintain social distancing If there is future mosquito menaces screening window can be implemented

Water samples collected

Sl.No	Area	Timing
1.	College 2 nd floor cooler (Red)	10:45 am
2.	College 3 rd floor cooler (Blue)	10:52 am
3.	Food court	11:05 am
4.	Alpha block 4 th floor	11:15am
5.	Beta block 3 rd floor	11:25 am
6.	Mess/cultural hall	11:37 am
7.	Delta block 3 rd floor	11:48 am
8.	Pie block first floor	11:53 am



SPECIAL OUTREACH CAMP AT KUDMAL RANGARAO SABHANGANA, THOKKOTTU

Organized by: RBSK, Mangalore Taluk and Department of Community Medicine, Yenepoya Medical College

Date: 21/09/2021

Time: 10.00am to 2.00pm

Venue: KudmalRangaraoSabhangana, Thokkottu

Faculty in charge: Dr Hrushikesh Udupa, Assistant Professor, Yenepoya Medical College

Specialists who attended camp:

1. Dr Sushma, Assistant Professor, Department of Pediatrics, Yenepoya Medical College
2. Dr Chaithra, Senior Resident, Department of Pediatrics, Yenepoya Medical College
3. Dr ShashwathSathyanath M., Assistant Professor, Department of Psychiatry, Yenepoya Medical College
4. Dr Shailesh Shenoy, Reader, Assistant Professor, Department of Pedodontics, YenepoyaDental College
5. Dr Hrushikesh Udupa, Assistant Professor, Department of Community Medicine, Yenepoya Medical College
6. Dr Basma Reem Ameer, Post Graduate, Department of Community Medicine, Yenepoya Medical College
7. Dr Varsha, Medical Intern, Yenepoya Medical College
8. Nursing and support staff

Beneficiaries:

Total number of beneficiaries of the camp: 102

Brief summary of the camp: Children and women in and around Ullala Taluk area

Table 1: Demographic details of beneficiaries

Age group	Male	Female	Total
0-5 years	34	36	70
6-10	3	8	11
11-20	1	5	6
>18	0	15	15
Total	38	64	102

Table 2: Age-wise distribution of preliminary findings

Sl. No.	RBSK Code	Diagnosis	0-5 years	6-10 years	11-20 years
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1	2	Down's syndrome	1	0	0
2	8	Congenital heart disease	6	1	1
3	10	Anemia	8	1	0
4	12	Vitamin D deficiency/ Rickets	3	0	0
5	13	SAM/ Stunting	44	2	0
6	15	Skin disorder	10	2	2
7	16	Otitis media	2	0	0
8	18	Reactive airway disease	4	0	1
9	19	Dental caries	18	6	0
10	20	Convulsive disorders	1	0	0
11	21	Vision impairment	3	0	0
12	23	Neuromotor impairment	4	0	0
13	30	Others	4	1	1
14	38	Dysmenorrhea	0	0	1

Other complaints that patients presented with were constipation, squint, signs of hypothyroidism, fever and hernia.

The obstetrician examined 8 Antenatal cases, 1 postnatal case and 1 patient who complained of dysmenorrhea, Five women had their blood pressure also checked at the camp.

Table 3: Total beneficiaries referred to respective centres:

	CHC	DEIC	NRC
0-5 years	40	12	18
6-10	7	3	1
11-20	5	1	0
Total	52	16	19



NH 66, Permanur, Ullal, Karnataka 575020, India
Ullal
Karnataka
India

2021-09-21(Tue) 10:36(am)



NH 66, Permanur, Ullal, Karnataka 575020, India
Ullal
Karnataka
India

2021-09-21(Tue) 10:36(am)



NH 66, Permanur, Ullal, Karnataka 575020, India

Ullal
Karnataka
India

2021-09-21(Tue) 10:42(am)



Brathage Bus Stop, Edappally - Panvel Hwy, Talukuru, Perambur, Thokettu, Karnataka 575017, India

Thokettu
Karnataka
India

2021-09-21(Tue) 10:50(am)

Special Outreach Health Checkup Camp at Hoige Bazaar Government School

Organized by: Department of Community Medicine and Urban Primary Health Centre, Jeppu

Date: 25/09/2021

Time: 10:00am to 1:00pm

Venue: Hoige bazaar Government School

Faculty in charge: Dr. Hrushikesh Udupa, Assistant Professor, Yenepoya Medical College Hospital

Health staff who attended:

1. Dr. Hrushikesh Udupa - Assistant Professor, Department of Community Medicine
2. Dr. Merin Josus NPostgraduate, Department of Pediatrics
3. Dr. Neeraj P, Intern, Department of Community Medicine
4. Dr. Gayathri Menon, Intern, Department of Community Medicine

Beneficiaries: Residents of Hoige Bazaar

Total number of beneficiaries of the health checkup: 35

Brief summary of the camp:

Department of Community, Yenepoya Medical College and Hospital along with Urban Primary Health Centre, Jeppu conducted a specialist camp at Hoige bazaar Government School on 25/09/2021 Saturday. A total of 35 beneficiaries were examined. General Examination along with screening for Diabetes and hypertension was done as a part of health check-up.



India
specialist camp hoige bazaar
Lat N 12° 48' 44.0748" Long E 74° 52'
52.5324"



India
specialist camp hoige bazaar
Lat N 12° 48' 44.0748" Long E 74° 52'
52.5324"



India
specialist camp hoige bazaar
Lat N 12° 48' 44.0748" Long E 74° 52'
52.5324"

Special Outreach Health Checkup Camp at Munduvarika Kendra, Bajal

Organized by: Department of Community Medicine and Urban Primary Health Centre, Ekkur

Date: 27/09/2021

Time: 10:00 am to 1:00 pm

Venue: Munduvarika Kendra, Bajal

Faculty in charge: Dr. Shubhankar Adhikari, Assistant Professor, Yenepoya Medical College Hospital

Health staff who attended:

5. Dr. Shubhankar Adhikari - Assistant Professor, Department of Community Medicine
6. Dr. Arjun Postgraduate, Department of Pediatrics
7. Dr. Shahir, Intern, Department of Community Medicine
8. Dr. Aishwarya, Intern, Department of Community Medicine

Beneficiaries: Residents of Bajal

Total number of beneficiaries of the health checkup: 35

Brief summary of the camp:

Department of Community, Yenepoya Medical College and Hospital along with Urban Primary Health Centre, Ekkur conducted a specialist camp at Munduvarika Kendra, Bajalon 27/09/2021. A total of 35 beneficiaries were examined. General Examination along with screening for Diabetes and hypertension was done as a part of health check-up.





Observation of World Heart Day – 2021

Date: 29/09/2021, Time: 12 noon to 1.00 pm

Venue: Lecture Hall IV, Yenepoya Medical College

No. of participants:

Department of Community Medicine and Department of Cardiology,
Yenepoya Medical College

In collaboration with
District Health & Family Welfare Society
National Programme for Prevention &
Control of Cancer, Diabetes, CVD and Stroke (NPCDCS)
Mangalore, D.K.

Observes

WORLD HEART DAY
Awareness on Heart Disease

USE ♥ TO CONNECT

Date: 29th September 2021 | Venue: Lecture Hall IV
Time: 12.00 noon - 01.00 pm

Chief Guest:
Dr. Kishore Kumar M
District Health and Family Welfare Officer, Dakshina Kannada

Guest of Honour:
Dr. Jagadish K
District Surveillance Officer and District Programme Officer,
Dakshina Kannada

Presiding Officer:
Dr. M.S Moosabba
Principal, Yenepoya Medical College

SCHEDULE	
Time	Event
12:00noon	Prayer
12:05pm	Welcome address by Dr. Poonam R Naik Professor & HOD, Department of Community Medicine
12:10pm	Lighting of lamp
12:15pm-12:30pm	Role of Medical Colleges in NPCDCS by Dr. Abhay S Nirgude Professor, Deputy HOD of Community Medicine and Associate Dean, Yenepoya Medical College
12:30pm-12:45pm	Theme of World Heart Day 2021 by Dr. Prashanth R M Associate Professor, Department of Cardiology
12:45pm-12:55pm	Presidential Address by Dr. M.S Moosabba Principal, Yenepoya Medical College
12:55pm-01:00pm	Vote of thanks to Dr. Hariya K Assistant Professor, Dept of Community Medicine
01:00pm	National Anthem

Brief Summary:

Department of Community Medicine and Department of Cardiology, Yenepoya (deemed to be University) in collaboration with District Health and Family Welfare Society, NPCDCS, Mangalore observed the World Heart Day 2021 on 29/09/2021 between 12 noon to 1.00 pm in lecture hall IV of Yenepoya Medical College, Deralakatte.

Dr Kishore Kumar M , District health and family welfare officer, Dakshina Kannada was the chief guest and Dr Jagadish K, District Surveillance Officer and District Programme Officer, Dakshina Kannada was the guest of honour in the programme.

The programme started with a prayer by MrAfsal, intern in the Dept of Community Medicine.

Dr Poonam R Naik, Professor & HOD, Department of Community Medicine, Yenepoya Medical College welcomed the gathering and this was followed by lighting of the lamp by the dignitaries.

Dr Abhay S Nirgude, Professor in Dept of Community Medicine and Associate Dean Yenepoya Medical College took the first session on “Role of medical colleges in NPCDCS”. He spoke on the strategies involved in prevention of NCDs. He also explained about the activities carried out by Yenepoya Medical College on collaboration with NPCDCS, Dakshina Kannada in prevention of NCDs. He spoke about the development of HDSS platform which captures and maintains electronic health record of families and its role in NPCDCS.

The second session was taken by Dr Prashanth RM, Associate Professor Department of Cardiology, YMCH on the theme of World heart day 2021- “Use heart to connect”. He spoke

about the role of telemedicine which has emerged as a very useful tool in prevention of heart diseases especially in these pandemic times. He explained about the advantages, challenges and future of telemedicine in prevention and management of heart diseases.

Dr M S Moosabba, Principal/ Dean, Yenepoya Medical College delivered the presidential address.

This was followed by Distribution of certificates and cash prize for the winners of college round of state level NTEP quiz by the dignitaries.

Dr Navya N, Assistant Professor Department of Community Medicine, Yenepoya Medical college was the master of ceremony for the event and she also proposed the vote of thanks.

The session came to an end with singing of national anthem.





