Health Talk on Breastfeeding:

Organized by: Yenepoya (Deemed to be University), Department of

Community Medicine.

Date:10/08/2021

Time:11:45am – 12:30pm

Location/area: Malar Anganwadi

Faculty in-charge: Dr Akshaya., Associate Professor, Department of

Community Medicine

Postgraduates: Dr. Malavika Sachith

Other team members: Mrs.Renjitha, Mrs.Chaithra, MSW and interns,

Department of Community Medicine

Beneficiaries: Mothers of that area.

Total number of beneficiaries:18

As a part of breastfeeding week celebration, an initiative was taken by the department of Community Medicine, Yenepoya Medical College to educate mothers regarding Breastfeeding. The session started with an introduction of the speaker, Dr. Malavika Sachith, Mrs.Renjitha amd Mrs.Chaithra, MSW. The topics that were stressed on were initiation of breastfeeding, breastfeeding practices, positions of feeding the baby, complementary feeding, importance of breastfeeding for newborns and mothers, immunization, contraception and breastfeeding during COVID pandemic. The session was concluded with a brief discussion on the doubts asked.



Health Talk on Breastfeeding:

Organized by: Urban Health Training Center, Bunder and Department of

Community Medicine, Yenepoya Medical College Hospital.

Date: 06/08/2021

Time:10.30am to 12.30pm

Location/area: Anganwadi, police lane, railway colony, near railway station

Faculty in-charge: Dr Pracheth R, Associate Professor, YMCH

Speaker: Dr Pavithra H, Assistant Professor, YMCH

Postgraduates: Dr. Sooraj V

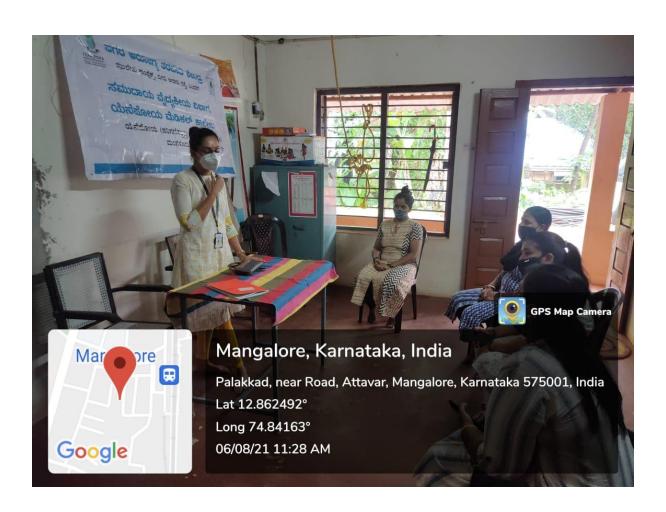
Other team members: Mrs Sujatha, MSW, UHTC, YMCH

Beneficiaries: Mothers of that area.

Total number of beneficiaries:4

As a part of world breastfeeding week celebration, an initiative was taken by the department of Community Medicine, Yenepoya Medical College along with Urban Health Training Center, Bunder to educate mothers regarding Breastfeeding. The session started with an introduction of the speaker, Dr. Pavithra H, Dr Sooraj V (Post Graduate), Mrs Sujatha, MSW, UHTC

The topics that were stressed on were initiation of breastfeeding, breastfeeding practices, complementary feeding, importance of breastfeeding for newborns and mothers, immunization and contraception. The session was concluded with a brief discussion on the doubts asked.



Observation of Breastfeeding week

Organized by: Yenepoya (Deemed to be University), Department of

Community Medicine.

Date: 11/08/2021

Time: 10:30am – 11:30am

Location/area: PNC ward, Yenepoya Medical College

Faculty in-charge: Dr Pavithra H, Assistant Professor, Department of

Community Medicine

Postgraduates: Dr. Malavika Sachith, Dr Sooraj, Dr Anusree

Other team members: 3rd year MBBS students

Beneficiaries: Patients in PNC ward.

Total number of beneficiaries: 10

As a part of breastfeeding week celebration, an initiative was taken by the department of Community Medicine, Yenepoya Medical College to educate mothers regarding Breastfeeding. The session started with an introducing all members of the team. Dr Pavithra H, gave an opening talk on breast feeding and on this year's theme "Protect breastfeeding: A shared responsibility". This was followed by a skit by MBBS students to raise awareness. The topics that were stressed in the skit were initiation of breastfeeding, breastfeeding practices, importance of breastfeeding for newborns and mothers and breastfeeding during COVID pandemic. The session was concluded with a quiz competition among patients and price distribution.







Outreach Camp at Balmatta Anganwadi

Organized by: Department of Community Medicine and Urban Primary Health Centre,

Bunder

Date: 30/08/2021

Time: 10:00 am to 4:00 pm

Venue: Kodailbail Jail

Faculty in charge: Dr. Hrushikesh Udupa, Assistant Professor, Yenepoya Medical College

Hospital

Health staff who attended:

1. Dr. Hrushikesh Udupa - Assistant Professor, Department of Community Medicine

- 2. Dr. Mathew- Postgraduate, Department of Ophthalmology
- 3. Dr. Gautham Postgraduate, Department of Dermatology
- 4. Dr. Sai Bhargav (Intern)
- 5. Shanna Rose (Bsc Optometry Intern)
- 6. Riya (Bsc Optometry Intern)

Beneficiaries: Inmates of Kodailbail Jail

Total number of beneficiaries of the health checkup: 250

Brief summary of the camp:

Department of Community, Yenepoya Medical College and Hospital along with Urban Primary Health Centre, Bunder conducted a specialist camp at Kodailbail Jail on 30/08/2021 Monday. A total of 250 beneficiaries were examined. General Examination along with screening for HIV, HbSAg, Diabetes and hypertension was done as a part of health check-up.

