



Report on

Workshop on Matrix- Rhythm Therapy

Organized by

Yenepoya Physiotherapy College
Yenepoya (Deemed to be University)
Deralakatte, Mangalore- 575018
Karnataka, India

06th and 7th April 2022

Demonstration Hall, 3rd Floor, Mudipu



[Recognized under sec 3(A) of the UGC Act 1956]

Report on Workshop “Physical Fitness Assessment”

The Yenepoya Physiotherapy College, Yenepoya (Deemed to be University) conducted a hands-on **Workshop on “Matrix Rhythm Therapy” on 6th and 7th April 2022** from 9am to 4:00 pm at the Demonstration Hall, 3rd Floor, Mudipu Campus. Prof. S Padmakumar, Principal of Yenepoya Physiotherapy College welcomed the gathering and introduced the resource person, Varun C Naik, MPT (PhD) , Asst. Professor, KLE Institute of Physiotherapy. 45 beneficiaries participated in the workshop which included PG students and interns of Yenepoya Physiotherapy College.

Day 1 of the workshop started off with the theoretical foundation and concepts of Matrix Rhythm Therapy. Followed by the same the practical demonstrations by the resource person continued thru Day 1 and Day 2 of the workshop. Five Matrix Rhythm Therapy Devices were made available to the students for the practical training sessions.

Participants learned and demonstrated the use of the Matrix rhythm therapy for various conditions.

Total Number of Participants – 45



Fig1- Group photograph of the participants with the resource person.