



Yenepoya (Deemed to be University)
Yenepoya Centre for Yoga and Wellness
National Service Scheme

Invites you all to Celebrate the

INTERNATIONAL DAY OF
YOGA
2023



Date : 21.06.2023 Wednesday, Time: 2.00pm - 3.00pm

Venue: Indoor Auditorium, Yenepoya Medical College
Yenepoya (Deemed to be University)

**“Mass Demonstration Common
Yoga Protocol Practice”**

Instructions by:

Kushalappa Gowda

M.Sc (Yogic Science), MSW, M.Phil

Inauguration by

Dr. M. Vijayakumar

Vice Chancellor

Yenepoya (Deemed to be University)

Chief Guest

Dr. B.H. Sripathi Rao

Pro Vice Chancellor

Yenepoya (Deemed to be University)

Guests of Honour

Dr. B.T. Nandish

Controller of Examination

Yenepoya (Deemed to be University)

Dr. M.S. Moosabba

Principal

Yenepoya Medical College

Dr. Puneeth Raghavendra K.R.

I/c Principal

Yenepoya Naturopathy and
Yogic Science College and Hospital

Best Wishes

NSS Unit of Yenepoya Medical College

NSS Unit of Yenepoya Naturopathy and Yogic Science College and Hospital



PROGRAM SCHEDULE :

Timing - 2.00pm to 3.00pm

1	Invocation
2	<i>Welcome Address by:</i> Dr. Ashwini Shetty NSS Programme Coordinator Yenepoya (Deemed to be University)
3	<i>Inaugural Address By</i> Dr. M. Vijayakumar Hon. Vice Chancellor Yenepoya (Deemed to be University)
4	<i>Address by the Chief Guest</i> Dr. B.H.Sripathi Rao Hon. Pro Vice Chancellor Yenepoya (Deemed to be University)
5	Mass Yogasana Practice and Attractive Yogasana Demonstration <i>Demonstration by</i> Kushalappa Gowda M.Sc (Yogic Science), MSW, M.Phil
6	Vote of Thanks