

Report on Rastriya Poshan Abhiyaan 2023

On account of Rastriya Poshan Abhiyaan 2023, Yenepoya Naturopathy & Yogic Science College & Hospital had celebrated it on 30-09-2023 at seminar hall. Program was inaugurated by Dr. Madhavi Bhargav, Deputy Head, Centre for Nutrition Studies, Yenepoya (Deemed to be University) who spoke on the importance of Nutrition Assessment and food habits in daily life. Dr Puneeth Ragahvendra K R, Principal, Yenepoya Naturopathy & Yogic Science college spoke on the Nutrition and Healthy leaving with proper lifestyle. Mr Ajith K, Assistant Professor, Department of Nutrition and Dietetics read the detailed report on the outreach activity, Competition and Webinar session which has been organized as a part of these events. Prize distribution was done for these competitions. Dr Sunitha D Souza Assistant Professor, Department of Nutrition and Dietetics delivered the welcome address. Amina delivered vote of thanks. Shaizana Sheik hosted the program.

