

YENEPOYA NURSING COLLEGE

DEPARTMENT OF NURSING FOUNDATION AND YOUTH REDCROSS IN COLLABORATION WITH INDIAN REDCROSS SCOCIETY DK

REPORT – WORKSHOP ON FIRST AID

Department of Nursing Foundation and Youth Red Cross Yenepoya Nursing College in collaboration with Indian Red Cross Society DK conducted two days' workshop on "First aid" on 17th and 18th May 2023 at Yendurance Zone, Yenepoya (deemed to be University) from 9.00am to 3.30pm. The workshop was inaugurated by the chief guest Dr. Sathish Rao, Professor, Department of Psychiatry, K S Hegde Medical Academy, Vice-Chairman, IRCS, DK who spoke about the importance of first aid. Guest of honour Prof. Lourdthuraj I, Principal, Yenepoya Physiotherapy College enlightened the delegates regarding basic principles to be followed while giving first aid, guest of honour Mr. Sacheth Suvarna, Director, Indian Redcross society DK spoke about the methods and specifications of first aid. Program was presided over by Dr. Leena KC, Dean, Yenepoya Nursing College, Prof. Shashikumar Jawadagi, Organizing chairperson and HOD, Department of Nursing foundation welcomed the gathering and Mrs. Jyothi, Program officer, Youth Red Cross unit, Yenepoya Nursing College, delivered the vote of thanks. Nodal officer Mrs. Nithyashree present on the stage. Total 155 delegates of 1st year BSc Nursing and GNM students attended the workshop.

The workshop was conducted by the following resource persons

17/5/2023			
SL. NO	TIME	TOPIC	RESOUCE PERSON
1	9.00am to 10.00am	Basics of first aid	Mrs. Nithyashree B V Nodal officer Youth Redcross Yenepoya Deemed to be university
2	11.00am to 1.30pm	Psychological first aid	Ms. Vicky Josita D'souza Psychologist/Program officer, YIAHS
3	1.30pm to 3.30pm	First aid for foreign body aspiration and burns, conditions of central nervous system	Mrs. Savitha Assistant Professor – I Department of Community Health Nursing Mrs. Sharin Neeta D'souza Assistant Professor – II Department of Child Health Nursing

			Yenepoya Nursing College
18/5/2023			
4		Basic CPR and Respiratory emergencies	Mrs. Benazeera Assistant Professor – II Department of Child Health Nursing Yenepoya Nursing College Mrs.Jyothi Program officer Youth Redcross Unit Yenepoya Nursing College
5	9.00am to 3.30pm	Musculoskeletal injuries Transportation of injured person Community emergencies	Mr.SachethSuvarna Director, YRC Indian Redcross society, D K Mr.Subin Raj Assistant Professor – I Department of Mental Health Nursing
6		Bandages Bites , convulsion, seizures Hemorrhage, amputation	Mrs. Nithyashree BV Nodal officer Youth Redcross Yenepoya Deemed to be university Mr.Jithin Raj Lecturer Department of Nursing Foundation



Fig 1: Inauguration

17th & 18th May 2023



Fig 2: Recovery position



Fig 3: Community emergencies



Fig 4: Basic CPR