

**YENEPOYA NURSING COLLEGE,**  
**Nurses Day Theme: OUR NURSES. OUR FUTURE**  
**Report of International Nurses Day Celebration & Cultural Competition**

The Student Nurses Association, Yenepoya Nursing College, organized International Nurses Day on 8<sup>th</sup> May 2023 at Yendurance Zone. The program started at 9 am with invocation. Mrs. Savitha Naik, SNA Advisor welcomed the gathering. The Chief Guest of the program was Mrs. Charmaine Crystal Salins, Head of Nursing Training and Quality, Kasturba Hospital, Manipal. spoke on the significance of the International Nurses' Day. The College magazine "Yenesis 2022" was released by the Chief Guest. Dr. Leena KC, Dean YNC addressing the gathering, said that sufficient, adequately trained and motivated nurses are essential to provide the quality nursing care. Vote of thanks was delivered by Mrs. Benazeera, Assistant SNA Advisor.

To mark the occasion webinars and motivational speech were organized. The first webinar on "Nurse Practitioner in Acute Care: An Emerging role" was by Dr. Anna Samuel, Adjunct Faculty, The University of Texas, Arlington, USA. She highlighted the challenging role of nurse practitioners and emphasized on importance of nurses updating their career & achieves empowerment in nursing. The session was moderated by Mrs. Sharin Neetal D'Souza, Assistant Professor, YNC. The second webinar was "Quality Clinical Practice: Leading the way" by Dr. Bindu Sam, Family Nurse Practitioner/Faculty at the Community and Family Medicine, University of Texas health science center, San Antonio, USA. The speaker highlighted on elements of leadership. She also addressed regarding importance of mentoring the next generation of nurses, working to improve health policies and standards, striving for excellence in care delivery and standing up for equitable treatment. The webinar was moderated by Ms. Daisy D'Souza, Lecturer, department of Medical Surgical Nursing. Both sessions were streamlined through Google meet.

A motivational speech on "Positive Mental Health in the Modern World" by Dr. Ravichandra Karkal Professor, Dept. of Psychiatry, Yenepoya Medical College, Mangaluru. He stressed on sustaining a healthy mind which requires attention to diet, sufficient sleep, and positive thoughts and also stressed on the importance of mental health in the modern environment and the need for communication. This was moderated by Mrs. Pavithra K, Assistant Professor, Department of Medical Surgical Nursing, A total of 634 students and 26 faculty were participated in the webinar.

On 15<sup>th</sup> and 16<sup>th</sup> of May 2023, the SNA organized various cultural competitions for students and staff.

| Time              | Competition |
|-------------------|-------------|
| <b>15.05.2023</b> |             |
| 8.45am            | Solo Dance  |
| 9.00am            | Paper craft |
| 9.40am            | Duet Dance  |

|                   |   |
|-------------------|---|
| 10.45am           | Group Dance<br>(Girls & staff)          |
| 11.05am           | Hair style                              |
| 12.15pm           | Hair style exhibition                   |
| 12.25 pm          | Fashion show boys                       |
| 1.30pm            | Fashion show girls                      |
| 2.30pm            | Group dance (Boys)                      |
| <b>16.05.2023</b> |   |
| 8.45am            | Solo Song                               |
| 9.00am            | Pencil Drawing<br>(Provide chart paper) |
| 9.35am            | Duet Song                               |
| 10.00am           | Mehendi                                 |
| 10.10am           | Antakshari students/ Staff              |
| 11.00am           | Oppana Dance-girls                      |
| 11.30am           | Anchoring competition                   |
| 12.15pm           | Muttipatt boys                          |
| 1.30pm            | Group Song                              |

Cash prizes were awarded to the prize winners. Overall championship was bagged by final year B.Sc Nursing students.



Fig 1 & 2 Student competitions



Fig 3 & 4 Staff competitions