

YENEPOYA NURSING COLLEGE
OBSERVATION OF NATIONAL GIRL CHILD DAY -2023
Reproductive health among adolescents

The Department of OBG Nursing, Red Ribbon Club and Gender Sensitization Cell, Yenepoya Nursing College in Collaboration with Kalpa Trust, Mangaluru, observed National girl child day by organizing awareness programme on Reproductive Health among Adolescent girls and distributed echo friendly sanitary pads to high school girls at Government School, Kalkatta, Manjanady on 28/02/2023, 2 to 3pm.

The Programme began with the welcome note by Mrs. Sharin, Assistant Professor stage-II, Yenepoya Nursing College. Programme was inaugurated with Prayer song and by lighting the lamp. Mrs. Sabitha, Vice Principal, Government School, Kalkatta and the resource person of the programme Mrs. Prameela Rao, Founder of Kalpa Trust, Asst. Professor and Head of Political Science Department, First Grade Government College, Kavoor were present on the occasion. Mrs. Sabitha, addressed the gathering and enlightened the audience with the significance of the day and importance of maintaining reproductive health among adolescents. Vote of thanks was delivered by Mrs. Sharin, Assistant Professor stage-II, Yenepoya Nursing College. Following the inauguration, refreshment was arranged for participants and delegates.

Mrs. Prameela Rao, Founder of Kalpa Trust, Asst. Professor and Head of Political Science Department, First Grade Government College, Kavoor, Mangalore, gave a talk on Reproductive health and menstrual hygiene for high school girls. She in her talk sensitized the participants on use of echo friendly sanitary pads and stressed the importance of menstrual hygiene among adolescents. Echo friendly sanitary pads were distributed to high school girls after the talk.

Total 64 high school girls and 3 teachers of kalpa trust benefitted from the programme. 2 UG students/gender champions and 5 faculties from Yenepoya Nursing College participated in the Programme. Feedback was obtained from the participants at the end of the programme.



Figure 1: Inauguration of the programme



Figure 2: Dignitaries on the dais



Figure 3: Awareness talk



Figure 4: Participants

