## DEPARTMENT OF MENTAL HEALTH NURSING REPORT ON OBSERVATION OFWORLD SUICIDE PREVENTION DAY

On account of the observation of World Mental Health Day, the Department of Mental Health Nursing, Yenepoya Nursing College organized a program for the public on 10/10/2022 at Yenepoya Medical College Hospital, Deralakatte, Mangaluru. The slogan competition was conducted for students of all constituent colleges of Yenepoya (Deemed to be a University) on the theme "Make mental health for all a global priority". The awareness program began at 11.00 am with a welcome address by Ms. Yashwasini, II year M.Sc student, Yenepoya Nursing College. Dr. P.M.A.Nishad, Senior Resident, Department of Psychiatry, Yenepoya Medical College Hospital, revealed the significance of the World Mental Health Day 2022. Dr.Mohammed Guthigar, HOD, Department of MSW, Yenepoya (Deemed to be University) addressed the gathering on the topic "Mental health: Resources for the public". The session was very informative. A mime show on the theme "Make Mental health for all a global priority" was conducted by III year B.Sc Nursing students, Yenepoya Nursing College. Mr. Subin Raj R, Assistant Professor, Department of Mental Health Nursing, Yenepoya Nursing College, proposed the vote of thanks. The program ended at 1.00 pm, after the distribution of handouts on measures to improve mental health to the public. A total of 140 participants benefited from the program. Overall, feedback received showed that the program was useful and insightful.





Fig-1. Revealing the significance of the day by Dr. Nishad

Fig-2 Mime show by 3<sup>rd</sup> year B.Sc Students





Figure -4 & 5 Team members