

**Department of OBG Nursing
in collaboration with
People's Association for Geriatric Empowerment (PAGE)
Report on Observation of Alzheimer's Month -2022**

Department of OBG Nursing, Yenepoya Nursing College in collaboration with Peoples' Association for Geriatric Empowerment (PAGE) observed "World Alzheimer's Month -2022 with the theme "Know Dementia, Know Alzheimer's" on 3rd and 23rd September 2022.

The World Alzheimer's month was launched on 3rd September 2022 at Kadri park Mangaluru and inaugurated by releasing a bunch of balloons in the air, by the dignitaries on the dias namely-Dr Keshav Pai- Psychiatrist, KMC Hospital; Dr Supriya Hegde Aroor-Psychiatrist Father Muller Hospital; Dr Ravish Thunga-Psychiatrist KMC Hospital; Vineeth Kumar- Tulu Cine Actor; Ln Gurupreeth-President Lions Club of Mangalore; Advocate Prithviraj Rai-President of Bar Council; Mohan Raj, Jeradin D'souza and Dr Prabha Adhikari of PAGE, joined by Team Leader of other organizations assembled at the event. All the dignitaries on the dais spoke on Alzheimer's affecting elderly and complemented PAGE for doing a tremendous service in bringing awareness on Dementia through observation of Alzheimer's Month. Mr. Jerardin DSouza-the secretary of PAGE welcomed the gathering and "said the coming together of so many organizations to serve our elders cause is in itself a great victory." Dr Prabha Adhikari – the Vice president of PAGE briefed the observation of Alzheimer's month and activities planned. There was laughter, fun and smiles on every Seniors face. Around 20 B.Sc Nursing students of 4th year, 2 postgraduate students from 1st year M.Sc nursing and 2 faculty from Dept of OBG Nursing who were trained online and certified for Montreal Cognitive Assessment (MoCA) actively involved in assessment of elderly by performing cognitive assessment (MOCA Test), Blood pressure, GRBS and risk assessment. The programme was compered by Ms Aarthi Dhareshwar, and the vote of thanks was proposed by Mohan Raj, the Joint secretary and Treasurer of PAGE.

On 23rd September 2022 observation of world Alzheimer's day was done at Town Hall, Mangaluru. This program was super headed by PAGE-People's association for Geriatric Empowerment. The program was graced by Sri Shashikumar, IPS, Mangaluru, Sri. V Sunil Kumar, Hon. Energy and Kannada and Culture Minister, Govt of Karnataka, Dr. M Vijaya Kumar, Vice Chancellor, Yenepoya (Deemed to be University), Dr. B Unnikrishnan, Dean,

Kasturba Medical College, Mangaluru, Dr. Kishore Kumar, District Health officer, Rev. Fr. Richard Aloysius Coelho, Director, Father Muller Hospital, Mangaluru and Dr. Rameela Shekhar, Former Dean, Post Graduate Department of MSW, Roshni Nilaya, Mangaluru and several other invitees who shared their experiences regarding elderly. Total 10 students from 4th year BSc Nursing and 2 faculty from Dept of OBG Nursing participated in the event by performing MOCA test for elderly. Two faculty, Mrs. Janet Miranda, and Ms. Vinitha DSouza received appreciation certificates from PAGE for motivating the students for MoCA and for active involvement in cognitive assessment of elderly. Various organizations performed theme based cultural events. Students from various institutions performed skit on their perspective on dementia affected elders. This was indeed an exercise which brought out a lot of useful information and a roadmap for the immediate future of this traumatizing age-related illness. The PAGE appreciated all the institutions for their participation by distributing the memento. Dept of OBG Nursing distributed prizes to all the contestants of Mr. Senior Mangalore and Miss Senior Mangalore organized by PAGE. Trustees of PAGE Dr. Prabha Adhikari M.R, Mr. Jerardin DSouza and Mr. Mohan Raj compered the program.



Figure 1: Launch of Alzheimer's month-Kadri park



Figure 2: Health assessment

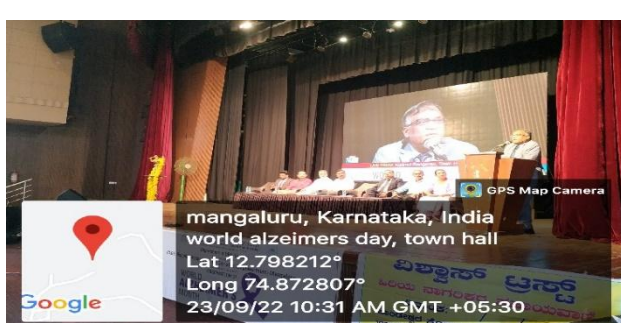


Figure 3: Inaugural program of world Alzheimer's day- Town Hall



Figure 4: MoCA assessment by BSc nursing