

## **Yenepoya Nursing College**

### **Yenepoya Deemed to be University**

#### **Report- State Level Workshop for Youth Red Cross Program officers-**

As a part of Celebration of centenary year of Indian Red Cross, Youth Red Cross Unit, Yenepoya Nursing College, Yenepoya Deemed to be University and with Indian Red Cross Society D. K District branch and state branch, Youth Red Cross Unit Mangaluru University on 04.03.2022 Organised State Level Workshop for Youth Red Cross Program Officers. The theme of the workshop was YRC: A catalyst for change in cancer prevention. Sri CA Shantharama Shetty, Chairman, Indian Red Cross society D.K inaugurating the program emphasised on healthy lifestyle. Dr. B H SripathiRao , Pro Vice Chancellor, Yenepoya (Deemed to Be University), in his presidential address said that detecting the cancer in early stages, helps to provide effective treatment. Sri.Nithyananda Shetty, Vice Chairman, Indian Red Cross society D.K, Sri Prashanth Nayak, Special Officer Mangaluru University, Sri, Ganapathi Gowda Nodal Officer, YRC, Mangaluru University were present. Dr. Leena K C, Dean, Yenepoya Nursing College welcomed the gathering and Mrs. Nithyashree B V, Nodal Officer, YRC, Yenepoya (Deemed to be University) proposed vote of thanks.

Session one was dealt by Dr. Amar Rao H T, Assistant Professor Department of Surgical Oncology, Yenepoya Medical college hospital, on the topic Cancer in General. Dr. Mariam AnjumIfthikar, Consultant in Gynaecology oncologist Yenepoya Medical college hospital briefed on cervical cancer in the second session followed by third session was on oral cancer by Dr RekhaShenoy, Prof. and Head of the Department of Public health Dentistry. Post lunch the session on reaching community through program officers/volunteers for the prevention of cancer was deliberated by Dr. Leena K C, Dean Yenepoya Nursing College. Thereafter session on breast cancer was occupied by Dr Noor Mohammed, Senior Resident, Department of Surgical Oncology, Yenepoya Medical college hospital. Dr. Tejesh Krishna Department of Surgical Oncology, Yenepoya Medical college hospital presented the topic on behavioural/lifestyle modification for cancer. Finally question and answer was taken up by Dr.Jalaluddin Akbar, HOD and Prof. Department of Surgical Oncology. All sessions were allotted adequate time for clarifying the doubts.

After completion of the session, feedback was collected to exchange the views of delegates about workshop held and there was good positive response on resource person's content, time management and overall organization of

program. The overall feedback was very good and it was fruit full learning experience.

Mrs. Indumathi and Mrs. Pavitra Compered the program. YRC Nodal officers and YRC program officers of Mangalore university, Nitte Deemed to be University and Yenepoya Deemed to be university were benefited from the program. The program was financially supported by Indian Red Cross Society Dakshina Kannada. The program was hosted by Youth Red Cross unit Yenepoya Nursing College, Yenepoya (Deemed to Be university).



Figure 1. Inauguration of the program



Figure 2. Honoring the chief guest



Figure 3. Session by Dr. Rekha Shenoy



Figure 4. Red Cross Program Officers