

Yenepoya Nursing College

Yenepoya Deemed to be University

Report on Orientation programme for Youth Red Cross Volunteers and workshop on disaster Management (Including First Aid and Mock drill)

Orientation program for Youth Red Cross Volunteers and Workshop on disaster Management including first Aid & mock drill was organized by Yenepoya Nursing College, Yenepoya (Deemed to be University) Youth Red Cross and Department of Community Health Nursing in collaboration with Indian Red Cross Society, Dakshina Kannada from 01.04.2022 to 04.04.2022.

Hon. Secretary Sri. Kusumadhar B K, IRCS, D.K inaugurated the program and highlighted the role of Red Cross volunteers in serving the society. Dr. Ibrahim Nagnoor, consultant in Community Oncology, Yenepoya TATA Onco Center and Professor & HOD, Public Health, Yenepoya Medical College appreciated the initiatives of Youth Red Cross. Dr. Leena KC, Dean, Yenepoya Nursing College in her presidential address stated the importance of conducting workshop for the Youth Red Cross Volunteers. Mr. Sacheth Suvarna, Director, Youth Red Cross/JRC subcommittee, IRCS, Dakshina Kannada graced the occasion.

Mr. Sacheth Suvarna, Director, Youth Red Cross/JRC subcommittee, IRCS, Dakshina Kannada conducted an orientation session for Youth Red Cross volunteers. He highlighted the history, organization, objectives and activities carried out under Youth Red Cross.

In the afternoon session, Mr. Bharath Kumar, Fire and Safety Officer, Mangaluru and his team demonstrated the fire and safety measures through a mock drill.

On day two (02.04.2022), First Aid and Disaster session was dealt by Mr. Sacheth Suvarna, Director, Youth Red Cross/JRC subcommittee, IRCS, Dakshina Kannada, Mr. Ashwin Kumar, SERV.Instructor IRCS, DK, Mr. Ankith ,SERV Instructor, IRCS, DK & Mr. Ramesh, Deputy Commandant, district Home Guard Office, Mangaluru. They have highlighted the First aid for burns, trauma, haemorrhage, cardiac arrest, drowning, choking, snake bite, bandaging etc.

On day three (4.4.2022), Mr. Ashwin, Serv Instructor demonstrated the temporary tent preparation by using the Red cross temporary tent equipments. It was a hands on experience for the volunteers followed by watching vedio on disaster management at Mini theatre, Yendurance auditorium. Later Mockdrill on disaster situation was done and transportation of victims, various bandaging techniques were demonstrated.

In the afternoon students were taken to District Homegaurd office, Konchady, Mangaluru for a field trip. Mr.Ramesh, Deputy Commandant explained volunteers about the Disaster management Act, Disaster Rescue and evacuation Mock drill sessions gave a clear idea about

handling the situation. Overall the 3day program was meticulous with hands on experience which enhanced the skills of YRC volunteers

After completion of the session, feedback/opinion of delegates about workshop were collected. There was a very positive response on resource person's content, time management and overall organization of program. They thanked organizers for conducting workshop and expressed their zeal to participate in such activities in the future too.

Mrs. Pavithra K compered the program, Mrs. Nithyashree, Nodal Officer of Youth Red Cross Yenepoya (Deemed to be University) welcomed the gathering and Mrs. Jyothi, YRC, Program Officer, Yenepoya Nursing College delivered the Vote of thanks.



Figure 1. Inauguration of the program



Figure 2. Fire and safety measures by Mr. Bharath & team



Figure 3. CPR demonstration by Mr. Ankith



Figure 4. Temporary tent preparation by Mr. Ashwin Kumar

