YENEPOYA
Deemed to be University

About Yenepoya (Deemed to be University)

Yenepoya (Deemed to be University), established in 2008, is a NAAC A+ accredited institution committed to academic excellence, innovation and societal transformation. Recognised as a Deemed-to-be University under Section 3A of the UGC Act, 1956, the University has steadily grown into a multidisciplinary centre of higher education with 11 constituent colleges offering over 125 programmes and a student strength exceeding 15,000. Situated in the scenic coastal city of Mangaluru, nestled between the Arabian Sea and the Western Ghats, the University provides a serene and inspiring academic environment supported by modern infrastructure, advanced laboratories, research facilities and a vibrant campus life. Within this dynamic academic ecosystem, the Faculty of Allied and Healthcare Professions plays a pivotal role in advancing healthcare education and professional training.

The Faculty offers more than 40 specialised programmes designed to meet the growing demands of the healthcare sector. These include core disciplines such as Physiotherapy, Occupational Therapy, Public Health, and Hospital Administration, along with a comprehensive range of Allied Health Sciences programmes including Anesthesia and Operation Theatre Technology, Cardiovascular Technology, Clinical Psychology, Clinical Psychology (RCI), Clinical Psychology (Honours), Clinical Embryology, Dental Technology, Medical Imaging Technology, Medical Laboratory Technology, Neuroscience Technology, Nuclear Medicine Technology, Optometry, Perfusion Technology, Physician Associates, Renal Dialysis Technology, Respiratory Therapy, Radiotherapy Technology and Trauma Care Management.

With a strong emphasis on clinical competence, interprofessional learning, research, innovation and patient safety, the institute is dedicated to nurturing skilled, ethical and compassionate healthcare professionals who are equipped to contribute meaningfully to the healthcare system at national and global levels.

About Astra

We are proud to present Astra 3.0, a vibrant All-India Allied and Healthcare Fest that brings together the perfect fusion of sportsmanship, creativity and student spirit. Designed as a dynamic platform for aspiring healthcare professionals, Astra celebrates talent, diversity, teamwork and the true essence of campus life.

The journey began in May 2024 with the launch of Astra, which united 12 prestigious institutions from Karnataka, Kerala and Tamil Nadu. The inaugural edition featured thrilling competitions in football, volleyball, basketball, badminton and throwball, creating an atmosphere of enthusiasm and camaraderie.

Building on its remarkable success, Astra 2.0 expanded to the National level, welcoming participation from 27 colleges across India . The event witnessed an impressive turnout of 900 + students and 150+ faculty members in sports and cultural events reflecting the growing impact and reach of the fest.

With this strong foundation and overwhelming response, we are delighted to unveil Astra 3.0—set to raise the bar even higher. This edition aims to deliver a more dynamic, inclusive and unforgettable experience bringing together institutions from across the nation to celebrate excellence, unity and the vibrant spirit of Allied and Healthcare professionals community.

Expanding its horizons this year, Astra 3.0 introduces a special Open Category, welcoming participants from other professional degree programs as well. This broader platform fosters interdisciplinary collaboration, encourages diverse talent and strengthens the spirit of inclusivity—making the event a true celebration of talent and professional camaraderie across multiple fields.

General Instructions

- **Online Registration:** Participants must first complete the payment using the QR code and register by using the registration QR code as given in the respective event instruction . Registration is possible only after the payment.
- Entry to the events will be strictly permitted only upon production of valid proof (i.e College ID and Bonafide Certificate duly authorized by the Principal/Dean).
- During onsite check-in, Astra 3.0 ID cards will be issued to all registered participants and accompanying faculty. ID card is mandatory for campus entry and event participation.
- **Team Composition:**
  - **Healthcare Category:** 70% of participants must be from Allied & Healthcare category and up to 30% participants are permissible from other Healthcare stream (Medical, Dentistry, Nursing, Ayurveda, Pharmacy, Homeopathy & Naturopathy) from the same organization
  - **Open Category:** The Open Category is for non-Healthcare streams. However, students from all streams can participate in solo dance and in sports events like Kabaddi and Table Tennis. Check the event SOP for team composition details
  - **Staff participation:** Any team event comprising more than 6 members can include 1 staff member from the same institute.
- **Team Verification:** All registered teams must verify their participation with the concerned event in-charge of the host institution
- **Event Schedule:** Event timings and slots will be provided at least one hour prior to the commencement of the event. The Organizing Committee reserves the right to reschedule or cancel events if required and any such changes will be duly communicated by the Organizing Committee.
- **Reporting Time:** Teams must report 30 minutes before the event; late report may lead to disqualification/walkover.
- The decision of the judges/referee is final.
- **Prohibited Items:** Cigarettes, tobacco, alcohol, electronic vaping devices (e-cigarettes) and any prohibited substances or derogatory items are strictly not allowed on the university campus or during the events. Any violation or misconduct will lead to immediate disqualification and appropriate disciplinary action.
- **Behavior:** Any form of violence, aggression or misconduct will lead to disqualification.
- Organizing committee has the authority to change the sequence of the fixture.
- **Rules & Regulations:** Participants must adhere to all general rules and regulations of the University and the respective events and maintain discipline & decorum at all times.

SPORTS FEST

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ALLIED & HEALTHCARE CATEGORY

MEN:	WOMEN:
Football	Basketball
Volleyball	Badminton
Basketball	Throwball
Badminton	
Futsal	

OPEN CATEGORY

MEN:	WOMEN:
Football	Throwball
Basketball	Basketball
Badminton	Badminton
Kabaddi	Kabaddi
Table Tennis	Table Tennis

YENEPOYA
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SPORTS FEST

FOOTBALL

- Group event : the team should have minimum 11 members & maximum 18 members (including 5 substitutes). With 3 intervals
- Matches will be played as per the rules of FIFA
- Reporting: Players should report at least 30 minutes before their scheduled match. If a team fails to report on time, a walkover will be given to the opposing team
- Tournament type; Knockout / League.
- The manager & all the players must present Astra 3.0 pass issued by the college for the current year.
- Referee decision will be final. The teams found violating the rule would be disqualified.
- Every player must come in proper playing kit (same jersey, studs, shin-guard, stockings) for the match.

CONTACT DETAILS

Mr.Akhil Raj : 8075168117   Mr. Laxmi Narayan : 8547219848
Mr. Anas   : 8010003122   Mr. Dhanush K   : 7338213826

ALLIED & HEALTHCARE CATEGORY
PAYMENT LINK   REGISTRATION LINK

SCAN QR CODE (OR)
CLICK HERE

OPEN CATEGORY
PAYMENT LINK   REGISTRATION LINK

SCAN QR CODE (OR)
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PRICE POOL
₹23000

REG FEE ₹3500 +GST

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SPORTS FEST

FUTSAL

- Group event : the team should have minimum 5members & maximum 10 members (including substitutes).
- Matches will be played as per the rules of FIFA Futsal rules as adopted by AIM.
- Every player must come in proper playing kit (dress code, studs, shin-guard, stockings) for the match.
- Reporting: Players should report at least 30 minutes before their scheduled match. If a team fails to report on time, a walkover will be given to the opposing team
- Tournament type; Knockout / leagues
- The manager & all the players must present Astra 3.0 pass issued by the college for the current year
- Referee decision will be final during matches, teams found violating the rule would be disqualified.

CONTACT DETAILS

Mr. Rasan : 9446535545   Mr. Purushothaman : 9482848573
Mr. Abubacker : 8086309717   Mr. Muhammed Irfan : 9745382218

ALLIED & HEALTHCARE CATEGORY

PAYMENT LINK   REGISTRATION LINK

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PRICE POOL
₹15000

REG FEE ₹2500 +GST
+GST

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SPORTS FEST

VOLLEYBALL

- Group Event : Maximum 12 players (6+6) per team with substitutes
- All rules will be followed as per FIVB Guidelines
- Every Player must come in Proper Playing Kit (Jersey, Stockings) for the Match.
- Non marking shoes is mandatory inside the court.
- Reporting: Players should report at least 30 minutes before their scheduled match. If a team fails to report on time, a walkover will be given to the opposing team
- Tournament type : knockout/ League
- The manager & all the players must present Astra 3.0 pass issued by the college for the current year.
- Referee decision will be final during matches, teams found violating the rule would be disqualified.

CONTACT DETAILS

Mr. Ajmal : 9595469107   Mr. Abhishek : 8539421616
Mr. Aniruth : 8431923007   Mr. Kamalesh : 9791874617

ALLIED & HEALTHCARE CATEGORY

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OPEN CATEGORY

PAYMENT LINK   REGISTRATION LINK

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PRICE POOL
₹15000

REG FEE ₹2500 +GST

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SPORTS FEST

BASKETBALL (MEN & WOMEN)

- Group Event : Maximum 12 players (6+6) per team with substitutes
- All rules will be followed as per FIBA Guidelines
- Every Player must come in Proper Playing Kit (Jersey, Stockings) for the Match.
- Non marking shoes is mandatory inside the court.
- Reporting: Players should report at least 30 minutes before their scheduled match. If a team fails to report on time, a walkover will be given to the opposing team
- Tournament type : league /knockout
- The manager & all the players must present Astra 3.0 pass issued by the college for the current year.
- Referee decision will be final during matches, teams found violating the rule would be disqualified.

CONTACT DETAILS

Ms. Swathikumari : 7428872218   Ms. Shreejith : 9605865387
Mr. Shadhil : 9207001556   Ms. Keerthika : 7708813718

ALLIED & HEALTHCARE CATEGORY

| PAYMENT LINK | REGISTRATION LINK |

BASKETBALL (MEN)

BASKETBALL (WO MEN)

SCAN (OR) CLICK HERE

OPEN CATEGORY

| PAYMENT LINK | REGISTRATION LINK |

BASKETBALL (MEN)

BASKETBALL (WO MEN)

SCAN (OR) CLICK HERE

PRICE POOL
₹15000

REG FEE ₹2500 +GST

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SPORTS FEST

BADMINTON (MEN & WOMEN)

- Group event : A minimum 2 members and maximum 4 members can form a team
- All rules will be followed as per BWF 2021 Guidelines.
- Reporting: Players should report at least 30 minutes before their scheduled match. If a team fails to report on time, a walkover will be given to the opposing team
- Tournament type : 21 points game (Best of 3 sets). singles, doubles and reverse singles will be played the first single player can't play again the reverse single.
- Every Player must come in Proper Playing Kit (Jersey, Equipment's, Indoor Badminton shoes) for the Match.
- The manager & all the players must present Astra 3.0 pass issued by the college for the current year
- Referee decision will be final during matches, teams found violating the rule would be disqualified.

CONTACT DETAILS
Mr. Prabakar : 7996883361 Ms. Angel : 8746984789
Mr. Shakthsesesan : 9025505490 Ms. Fathima Rani : 9961061744

ALLIED & HEALTHCARE CATEGORY

	PAYMENT LINK	REGISTRATION LINK
BADMINTON (MEN)		
BADMINTON (WOMEN)		

OPEN CATEGORY

	PAYMENT LINK	REGISTRATION LINK
BADMINTON (MEN)		
BADMINTON (WOMEN)		

PRICE POOL ₹8000

REG FEE ₹2500 +GST

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SPORTS FEST

TABLE TENNIS (MEN & WOMEN)

- Group event : only one team from each college permitted to participate for the event
- A minimum 2 members and maximum 4 members can form a team
- All rules will be followed as per Table Tennis Guidelines
- Tournament type : knockout/league, Best of 3 sets (11 points) singles, doubles and reverse singles will be played the first single player can't play again the reverse single.
- Reporting: Players should report at least 30 minutes before their scheduled match. If a team fails to report on time, a walkover will be given to the opposing team
- Every Player must come in Proper Playing Kit (Jersey, Equipment's, Indoor shoes) for the Match
- The manager & all the players must present Astra 3.0 pass issued by the college for the current year
- Referee decision will be final during matches, teams found violating the rule would be disqualified.

CONTACT DETAILS

Mr. Dheeraj : 7348941609

Ms. Ajmina : 9387529946
Ms. Priyanka : 6366296348

TABLE TENNIS (MEN)
OPEN CATEGORY

PAYMENT LINK

REGISTRATION LINK

SCAN QR CODE (MR)
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SCAN QR CODE (MR)
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TABLE TENNIS (WOMEN)
OPEN CATEGORY

PAYMENT LINK

REGISTRATION LINK

SCAN QR CODE (WR)
CLICK HERE

SCAN QR CODE (WR)
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PRICE POOL
₹8000

REG FEE ₹1500 +GST

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THROWBALL

- Group event: the team should have minimum 9 members & maximum 12 members (including substitutes).
- Matches will be played as per the rules of FIFA Futsal rules as adopted by AIM.
- Every player must come in proper playing kit (dress code, studs, shin-guard, stockings) for the match.
- Reporting: Players should report at least 30 minutes before their scheduled match. If a team fails to report on time, a walkover will be given to the opposing team
- Tournament type; Knockout / league
- The manager & all the players must present Astra 3.0 pass issued by the college for the current year
- Referee decision will be final during matches, teams found violating the rule would be disqualified.

CONTACT DETAILS

Ms. Spoorthi : 9483441531
Mr. Smodeshawaran : 9940152024   Ms. Candice: 9535730279

ALLIED & HEALTHCARE CATEGORY
PAYMENT LINK   REGISTRATION LINK

OPEN CATEGORY
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PRICE POOL ₹15000

REG FEE ₹2500 +GST

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SPORTS FEST

KABADDI (MEN & WOMEN)

- Group Event : Maximum 12 Players (7+5) per team with substitutes
- All Rules will be followed as per International kabaddi Federation (IKF)
- Age Criteria – Open
- Weight Criteria – Maximum limit of 85 KG or lesser [Men] & 75 KG or lesser [Women]
- The manager & all the players must present Astra 3.0 pass issued by the college for the current year 2026
- Tournament type; Knockout / League.
- Reporting: Players should report at least 30 minutes before their scheduled match. If a team fails to report on time, a walkover will be given to the opposing team
- Referee decision will be final. The teams found violating the rule would be disqualified.
- Every player must come in proper playing kit {same jersey & shorts} and kabaddi mat shoes for the match.

CONTACT DETAILS

Mr. Adhithya	: 8971132104	Mr. Nithish	9525266168
Mr. Mallanagouda	9964359429	Ms. Prahy	8220688855

KABADDI (MEN)
OPEN CATEGORY

PAYMENT LINK	REGISTRATION LINK
SCAN QR CODE (OR) CLICK HERE	SCAN QR CODE (OR) CLICK HERE

KABADDI (WOMEN)
OPEN CATEGORY

PAYMENT LINK	REGISTRATION LINK
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PRICE POOL ₹15000

REG FEE ₹2500 +GST

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CULTURAL FEST

ALLIED & HEALTHCARE CATEGORY

Group dance

Solo Dance

(classical & eastern/ western)

Fashion Show

Solo song

Mehendi

Face painting

Pencil sketching

Photography

Reel competition

Debate

Essay writing

Poem writing

OPEN CATEGORY

Group Dance

Solo Dance

(classical & eastern/ western)

Fashion Show

GROUP DANCE

- Group event, Max 2 entry per college; each team can have 5-15 members.
- Performance time: 5 minutes limit (4+1) (negative points for exceeding time limit).
- Teams must submit their audio track in MP3 format to the faculty in charge at least one day prior to the event and carry a backup copy on the event day.
- Timely Reporting: Participants must report 30 minutes before the event. Failure to report on time will result in cancellation of their participation
- No theme or language restrictions; cinema songs allowed.
- Props may be used during the performance; however, the use of fire, cigarettes, or similar hazardous items is strictly prohibited.
- Obscene, Vulgar or offensive music/lyrics is prohibited.
- Dress appropriately; indecent exposure or gestures will lead to disqualification.
- Judging will be based on choreography, expression, formation, costume, visual presentation and overall impact.
- The decision of the judges will be final and binding

CONTACT DETAILS

Mrs. Shifali : 9353995352   Ms. Shailaja : 6382222651
Ms. Lakhana : 9740176837   Ms. Fathima A R : 8848750819

ALLIED & HEALTHCARE CATEGORY
PAYMENT LINK   REGISTRATION LINK

OPEN CATEGORY
PAYMENT LINK   REGISTRATION LINK

SCAN QR CODE (OR) CLICK HERE

PRICE POOL
₹15000

REG FEE ₹ 1000 +GST

YENEPOYA
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CULTURAL FEST

SOLO DANCE

- Individual event; max 3 participants per college
- Performance time: 4-minute limit (3+1) (negative points for exceeding time limit).
- Submit song to faculty in charge a day prior in MP3 format and carry a backup copy on the event day.
- Timely Reporting: Participants must report 30 minutes before the event. Failure to report on time will result in cancellation of their participation
- No theme or language restrictions; Music and style should follow respective competition of choice (Classical & Eastern/Western).
- Bring your own props; inform the coordinator.
- No use of fire, cigarettes or any derogatory acts on stage.
- Dress appropriately; indecent exposure or gestures will lead to disqualification.
- Song choice open; cinema songs allowed with fusion.
- No obscene or offensive music/lyrics permitted.
- Judging based on choreography, expression, costume, visual presentation and overall impact.
- The decision of the judges will be final and binding.

CONTACT DETAILS

Ms. Aleena : 9908035646
Ms. Deepika : 8747915886

Ms. Shilpa : 8668743939

ALLIED & HEALTHCARE CATEGORY

PAYMENT LINK   REGISTRATION LINK

CLASSICAL

WESTERN & EASTERN

SCAN (OR) CLICK HERE

OPEN CATEGORY

PAYMENT LINK   REGISTRATION LINK

CLASSICAL

WESTERN & EASTERN

SCAN (OR) CLICK HERE

PRICE POOL
₹6000

REG FEE ₹250 +GST

YENEPOYA
Deemed to be University

CULTURAL FEST

SOLO SONG

- Individual event; max 2 participants per college
- Performance time: 5-minute limit (4+1) (negative points for exceeding time limit).
- No karaoke or background music allowed.
- Any language and genre permitted.
- Musical instruments allowed (optional, no extra points).
- Timely Reporting: Participants must report 30 minutes before the event. Failure to report on time will result in cancellation of their participation
- Participants must inform faculty Incharge in advance if using instruments.
- Only basic mic and sound system will be provided by organizers
- No obscene or offensive songs/lyrics permitted.
- Judging based on voice, pitch, timbre, expressiveness, song choice, confidence and audience appeal.

CONTACT DETAILS
Mrs. Ashwitha : 9071534675
Ms. Hemalatha : 9962468793
Ms. Swathi : 8971578963

SOLO SONG

ALLIED & HEALTHCARE CATEGORY

PAYMENT LINK | REGISTRATION LINK

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PRICE POOL
₹6000

REG FEE ₹250 +GST

YENEPOYA
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CULTURAL FEST

FASHION SHOW

- Group event, Max 1 entry per college; each team can have 10-20 members including 1 MC).
- Time limit: 15 minutes (including setup); warning bell at 10 minutes (negative points for exceeding time limit)
- Submit background music to the event in-charge a day prior in MP3 format and carry a backup copy on the event day.
- *Theme: "Celestial Couture" - Inspired by zodiac signs, planets, stars and galaxies.*
- Inappropriate, vulgar, or disrespectful presentations including disrespect to any religion and/or religious beliefs are prohibited and may lead to disqualification.
- No fire, vehicles, or harmful props allowed.
- Violating rules may result in sound and lights being turned off.
- Timely Reporting: Team Head must report 1 hour prior to secure a slot; all teams should arrive 30 minutes early. Failure to report on time will result in cancellation of their participation

CONTACT DETAILS

Ms. Kavya	: 9741734428	Ms. Salyukta	: 9148014471
Ms. Nivetha	: 9361113568	Ms. Anjana	: 6363924912

PRICE POOL
₹21000

REG FEE ₹2500 +GST

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MEHENDI

- Group event. Max 5 teams per college; each team can have 2 participants (1 artist, 1 model; same gender).
- Design should adhere to the theme given on the spot.
- Design should cover the palm up to the inner side of the elbow.
- Participants should bring their own materials.
- No tattoo-style designs, stickers or ready made designs permitted.
- Time limit: 1 hour
- No electronic devices or reference materials allowed.
- Judging based on creativity, neatness, adherence to theme, presentation, and aesthetic appeal.
- Timely Reporting. Participants must report 30 minutes before the event. Failure to report on time will result in cancellation of their participation

CONTACT DETAILS

Ms. Raheema : 9861579677
Ms. Aananya : 9163761605

Ms. Fathimathu Zuhara: 3593849113

PRICE POOL
₹2000

REG FEE ₹250 +GST

FACE PAINTING

- Group event, Max 3 teams per college; each team can have 2 participants (1 artist, 1 model; same gender).
- Participants must Report 30 minutes before the competition
- Carry Valid College ID
- Use only face-safe paints and materials; no stencils, masks, or prosthetics allowed.
- Participants bring their own colors, brushes, and materials.
- Participants must bring old newspaper or any disposable sheet to cover their seating area and surrounding space to prevent paint spillage.
- Time limit 1 hr; Participants must adhere to the theme given on the spot
- Face should be clean-shaven; painting may cover full or half of the face, and
- Prosthetic pieces stencill, masks, false eyelashes, special effects confact lenses, novelty eyeglasses or sunglasses not permitted
- Mobile phones or leference materials are not Permitted
- Judging based on creativity, innovation, neatness, presentation, and appropriate title.
- Timely Reporting: Participants must report 30 minutes before the event. Failure to report on time will result in cancellation of their participation
- The Decision of the Judges is Final

CONTACT DETAILS

Ms. Asbifa : 9744048736   Mrs. Veekshtha :
Mr. Sathyaraj : 9156968849   8197295322

ALLIED & HEALTHCARE CATEGORY
PAYMENT LINK   REGISTRATION LINK

SCAN QR CODE (OR)   SCAN QR CODE (OR)
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PRICE POOL
₹2000

REG FEE ₹250 +GST

PENCIL SKECHING

- Carry valid college ID card.
- Late entry will not be allowed.
- Individual event; Max 3 entries per college.
- Paper size: A3 (73-130gsm) will be provided.
- Time limit: 1 hour 30 mins; theme given on the spot.
- Use of only HB pencils and charcoal pencils are allowed.
- Participants must bring their own HB pencils, charcoal pencils, eraser, sharpener, and board support if needed.
- No mobile phones or reference materials allowed.
- Original work only; copying leads to disqualification.
- Judging based on originality, artistic composition, creativity and relevance to theme.
- Timely Reporting: Participants must report 30 minutes before the event. Failure to report on time will result in cancellation of their participation

CONTACT DETAILS
Mrs. Jasmitha : 9895374938
Ms. Harsha M Naik : 8073836182

ALLIED & HEALTHCARE CATEGORY

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PHOTOGRAPHY

- Individual event; Max 5 entries per college. Topic will be announced 1 day prior to the competition.
- Entries must be original, created independently using smartphones only; DSLR, digicams, or handycams not permitted
- Inappropriate content or excessive violence results in disqualification.
- Submit two photographs for the theme in digital format(JPEG/JPG - 4:3 ratio) with good resolution.
- Minimal digital editing is allowed; image overlaying, sharpness, filters, colour grading and other methods not mentioned are prohibited.
- Judging based on originality, framing, composition, creativity, lighting and relevance to theme.

CONTACT DETAILS

Ms. Sneha : 7027779692
Ms. Roshini Monica : 9482967765

Ms. Sharoofa Tahibna : 7204955671

PRICE POOL
₹2000

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REEL COMPETITION

- Individual event; Max 5 entries per college. Topic will be announced 3 days prior to the competition.
- No language restrictions; time limit 30-60 seconds.
- Original work only; Use of offensive, copyrighted and plagiarised materials will result in disqualification.
- Submission; MP4/MOV vertical format(9:16 ratio) and follow Instagram reel format.
- Entries must be original, created independently using smartphones only.
- Photographs must be submitted only through online mode to the email ID that will be duly communicated by the event in-charges.

CONTACT DETAILS

Ms. Sneha : 7027775692   Ms. Sharaafa Fahima :
Ms. Reshini Monica : 9482967765   7204955671

ALLIED & HEALTHCARE CATEGORY
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CULTURAL FEST

DEBATE

- Group event, Max 3 teams per college; each team can have 2 members.
- Topic will be given on spot; 15 minutes of preparation time will be given for each team.
- Debate against teams will be assigned based on lot method, with one team For the motion and other team Against the motion.
- Each speaker shall speak for 2 minutes with grace period of 1 minute.
- Questions will be asked by judges if deemed necessary.
- Standard debate rules applicable.
- Judging based on Content, research, grammar, clarity, fluency and relevance to topic
- Timely Reporting: Participants must report 30 minutes before the event. Failure to report on time will result in cancellation of their participation.

CONTACT DETAILS

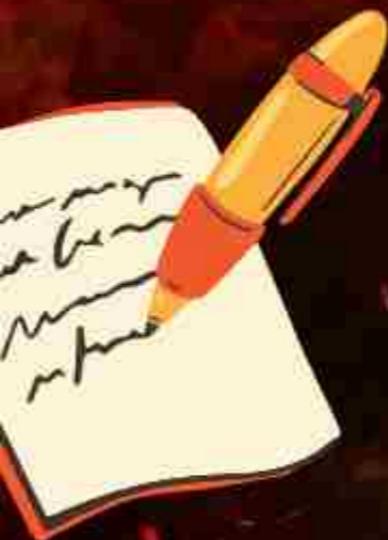Mr. Lavina : 9620193074   Ms. Vicky Jeswita : 7099496514

PRICE POOL
₹2000

REG FEE ₹250 +GST

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CULTURAL FEST

ESSAY WRITTING

- Individual event; Max 3 entries per college, topic will be announced on the day of competition.
- Time limit: 1 hour; word limit: 1200-1500 words.
- Language: English
- No electronic devices allowed.
- Use of ChatGPT and Plagiarism results in disqualification.
- Judging based on originality, grammar, creativity, eloquence and relevance to theme.
- The essay writing competition will be conducted in a hybrid format. Participants may choose to attend either online or offline, as per their convenience.

CONTACT DETAILS
Ms. Manisha : 6361344059
Ms. Harshitha : 6366872515
Ms. Nishitha: 7994656744

ALLIED & HEALTHCARE CATEGORY

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CULTURAL FEST

POEM WRITTING

- Individual event; Max 3 entries per college. Topic will be announced on the day of competition.
- Materials permitted: 1 dictionary per person (hard copy only), stationery (e.g. pen, pencil, etc)
- A4 sheet, rough sheet will be provided
- Time limit: 1 hour; word limit: 100-200 words.
- Language: English only
- No electronic devices allowed.
- Use of ChatGPT and Plagiarism results in disqualification.
- Judging based on originality, creative title, grammar, rhyming scheme and relevance to theme.

CONTACT DETAILS

Ms. Afra : 8296234133
Ms. Nithila : 7985243512

Mr. Nikithc: 8748035167

ALLIED & HEALTHCARE CATEGORY

PAYMENT LINK

REGISTRATION LINK

SCAN QR CODE (OR)
CLICK HERE

SCAN QR CODE (OR)
CLICK HERE

PRICE POOL
₹2000

REG FEE ₹250 +GST

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ACCOMMODATION

For any queries or further assistance
regarding accommodation,
please contact the numbers mentioned below.

In House Accommodation

Limited Slots Only

Mr. Akhil Francis : 7306657533
Mr. Louine : 9620192074

Nearby Accommodation

1. Metro guest line
2. Grand hotel
3. Palace Lodge

Mr. Noushad : 9740722715

4. Plaza Avenue
5. Hotel Mansion

Mr. Hafeez : 9169169791

6. Swarnagiri

Mr. Raviraj : 9449923916

7. Hotel Parivar Residency

9141034810 / 9141034808

8. Samrudhi Residency

7619461449, 0824-2468787

9. Aurellia

7337764646, 0805069889

OUR PATRONS

Dr.Yenepoya Abdulla Kunhi
Chancellor
Yenepoya (Deemed to be University)

Mr.Mohammed Farhaad Yenepoya
Pro Chancellor
Yenepoya (Deemed to be University)

Dr.M Vijayakumar
Pro Chancellor Director
Yenepoya (Deemed to be University)

Dr.Gangadhara Somayaji
Vice Chancellor
Yenepoya (Deemed to be University)

Dr.Ashwini Dutt
Registrar
Yenepoya (Deemed to be University)

Dr.B.H Sripati Rao
Pro Vice Chancellor
Yenepoya (Deemed to be University)

Dr.B T Nandish
Controller of Examination
Yenepoya (Deemed to be University)

Mr. Ameer Bava Ahmed
Finance Officer
Yenepoya (Deemed to be University)

ASTRA 3.0 All India Intercollegiate Sports & Cultural Fest

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YENEPOYA
Deemed to be University

NEAREST TOURIST PLACES

PANAMBUR BEACH
(25 km)

SOMESHWARA BEACH
(9 km)

KADRI PARK MANGALURU
(12 km)

SULTHAN BATHERY
(18 km)

MUDIPU CHURCH
(12 km)

MANGALORE NEW PORT
(39 km)

BEKAL FORT KASARGOD
(50 km)

RANIPURAM PEAK KASARGOD
(86 km)

NETRAVATI PEAK
(84 km)

CHIKKAMAGALURU
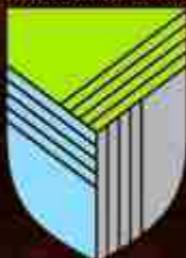(154 km)

MALPE BEACH
(74 km)

COORG
(132 km)

How Can Reach @Yenepoya

Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangaluru, Dakshina Kannada,
Karnataka -575018

Mangaluru International Airport	22 KM
Mangaluru Central Railway Station	13 KM
Mangaluru Junction Railway Station	12 KM
Mangaluru KSRTC Bus Stand	13 KM
Mangaluru Private Bus Stand	14 KM

YENEPOYA

Deemed to be University