



YENEPOYA
(DEEMED TO BE UNIVERSITY)



**Yenepoya School of Allied Health Sciences
Yenepoya Physiotherapy College
Department of Hospital Administration**
Constituent Units of Yenepoya (Deemed to be University)

**Cordially invite you to
Induction & Orientation Program**

DEEKSHARAMBH '23
11th to 15th September 2023

VENUE - YENDURANCE ZONE





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PATRONS

MR. YENEPOYA ABDULLA KUNHI
HON. CHANCELLOR

MR. MOHAMMED FARHAAD YENEPOYA
HON. PRO CHANCELLOR

DR. M VIJAYAKUMAR
HON. VICE CHANCELLOR

DR. B.H.SRIPATHI RAO
HON. PRO VICE CHANCELLOR

DR. K S GANGADHARA SOMAYAJI
REGISTRAR

DR. SUNITA SALDANHA
DEAN, YENEPOYA FACULTY OF
ALLIED & HEALTHCARE PROFESSION

PROF. LOURDHRAJ I
PRINCIPAL, YENEPOYA
PHYSIOTHERAPY COLLEGE



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Inauguration

11th September 2023

12 noon – 12:30 pm

PROGRAM SCHEDULE

Invocation
Welcome Address Dr. Sunita Saldanha, YAHP
Lighting the Lamp
Address by Hon. Vice Chancellor Dr. M Vijaya Kumar
Message by Hon. Chancellor Mr. Yenepoya Abdulla Kunhi
Vote of Thanks Prof. Lourdhraj I, YPC
National Anthem



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Program Schedule

Program	Time	Resource Persons
Day 1 11.09.2023 Monday		
About Yenepoya University	10.00 am – 10.30 am	Dr. Sunita Saldanha Dean, YAHP
Code of conduct	10.30 am-11.00 am	Lt. Col. Pankajakshan K Chief Administration Officer, YDU
Study Skills and Learning Techniques	11.00 am-11.30 am	Dr. Aswini Dutt R Dean (Academics), YMC
Inauguration	12 noon – 12.30 pm	Statutory Officers of YDU
Orientation to Gender Sensitization & Internal complaints committees	2.00 pm -2.30 pm	Dr. Leena K C Dean/Principal, YNC
Orientation to library resources	2.30 pm - 3.00 pm	Dr. Mamatha Pramod K, Chief Librarian & Assistant Professor Central Library, YDU



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Day 2
12.09.2023
Tuesday

Taking charge of digital life	10.00 am-10.30 am	Dr. Ravi Chandra Karkal Assoc.Professor, YMC
Orientation to NSS	10:30 am-11:00 am	Dr. Ashwini Shetty Program Coordinator, NSS, YDU
Fine-tuning Student life	11:15 am-11:45 am	Dr. Akhter Hussain, YDC
Anti-ragging measures of the University	12noon-12:30 pm	Lt. Col. Pankajakshan K Chief Administration Officer, YDU
Ragging: Psychosocial Perspectives	2:00 pm-3:00 pm	Dr. Shwetha K Director, Anirvedha Resource Centre for Psychological well being



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Day 3 13.09.2023 Wednesday		
Time Management	10:00 am-10:30 am	Prof. Lourdhraj I, Principal, YPC
Orientation to Learning Management System (Yengage), SMS portal & IT	10:30 am -11:15 am	Mr. Rajesh Karkera, Director, IT, YDU
University Alumni Cell (YUAA)	11:30 am-12:00 noon	Dr. Syed Miqdad, President & Dr.Reuben A Jacob,Secretary, YUAA cell
Orientation to Substance Abuse Prevention Committee	12 noon -12:30 pm	Dr. Maaji Jose Dy. Director, Centre for substance abuse prevention DEAN, Student Affairs.
Sharing real-life experiences	2.00-3.00 pm	Alcoholic Anonymous group Mangalore



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Day 4 14.09.2023 Thursday		
Importance of Healthy Lifestyle for Students	10:00 am-10:30 am	Dr. Madhavi Bhargava Director Centre for Nutritional Studies, YDU
Finding calm in chaos: Empowering Students with Stress Management Strategies	10:30 am-11:00 am	Dr. Shashwath Sathyanath Assistant Professor Dept. of Psychiatry YMCH
Attitude, Motivation & Success	11:15 am-11:45 am	Mrs. Obeida Shoukath Student Welfare Officer YDU
Orientation to Swayam courses	11:45 am -12:15 pm	Mr. Subramani K, Assistant Professor, Dept. Of Commerce, YIASCM
Orientation to Youth Red Cross	12:15 pm - 12:45 pm	Mrs. Nithyashree B.V, Nodal Officer, Youth Red Cross, YDU
Orientation to Sports facilities	2:00 pm - 2:30 pm	Mr. Sujith K V Physical Director, YDU
About Samraksha	2:30 pm -3:00 pm	Dr. Shamaz C K President, Samraksha
Overall Feedback - 3:00-3:15PM		
Day 5 - 15.09.2023 Friday Institution-wise / Programme-wise Orientation		