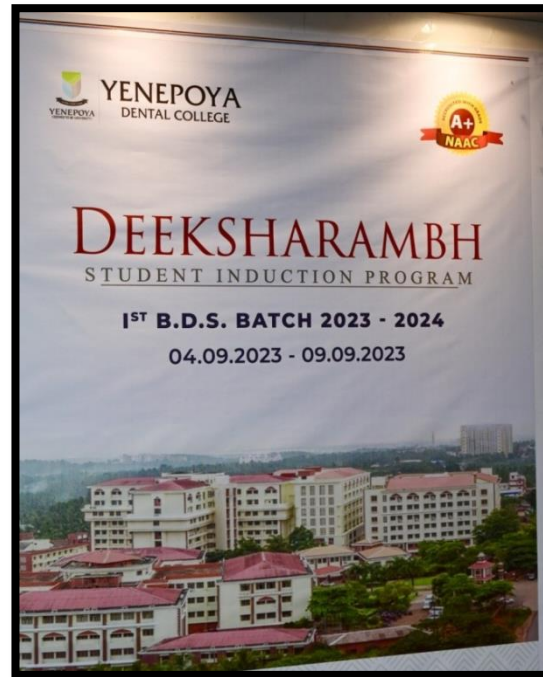


**“DEEKSHARAMBH”-STUDENT INDUCTION PROGRAMME  
I BDS 2023-2024 BATCH**



Yenepoya Dental College conducted “Deeksharambh” for the newly joined BDS students of 2023-24 batch from 4/9/2023 to 9/9/2023 in Dental college auditorium according to the guidelines given by the UGC. It was six days programme, where we included physical activity, mentoring, familiarization to departments and library, lectures by eminent people and extracurricular activities.



## “DEEKSHARAMBH”-STUDENT INDUCTION PROGRAMME I BDS 2023-2024 BATCH

On **day 1**, the session started with the inaugural programme with Brief introduction of “Deeksharambh” programme by Dr Savita Dandekeri, Convener of the programme, followed by prayer and lighting of the lamp. Principal, Dr.Laxmikanth Chatra, welcomed the gathering. Dean, Dr Sham Bhat, introduced the various Departments and various protocols, Statutory Bodies and Student Council.

Dr. Nandish B.T, Controller of Examination spoke on Examination and Evaluation System. Other talks were on :Ragging- A Menace by Dr Sanath Kumar Shetty, Introduction to creative arts and cultural activities in YDC by Dr. Kevin Fernandes, Code of Conduct by Lt.Col Pankajashan ,CAO and day ended with sessions on Mentorship Program : “Student aspirations, Family expectations”.

**Address by Dr. Laxmikanth Chatra, Principal**



**Address by Dean, Dr.Sham S Bhat**



**Session by Dr.Sanath Shetty**



**Session by Dean, Student affairs Dr.Maji Jose**

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**Day 2:** Sessions included : “Introduction to student Evaluation Board” by Dr Mallika Shetty, Talk by Dr Hasan Sarfaraz , Vice Principal,YDC titled Do you have it in you?- Skills to good dentistry.“Stress Management & Psychological Issues In Students “ by Dr Anil Kakunje, HOD, Dept Of Psychiatry, “Library an overview” by Dr Mamatha Pramod Kumar, Chief Librarian, “ Introduction to Red Cross” by Dr. Syed Miqdad, “Introduction to YUAA “ by Dr. Ruben, Talks by Interns and post graduates about their experiences in the College and Mentorship Programme on “Gratitude towards people helping me”



**Session By Vice Principal- Dr Hasan Sarfaraz**



**Session by Dr Mallika Shetty**



**Session By Dr Anil Kakunje**



**Mentorship Interaction**



**Session by Mamatha Pramod Kumar**

**Day 3:** Mentorship program on the “Human needs of (a) self and (b) body”. Importance of communication in student life by Dr Aqueela Syed, Co-ordinator, Centre for personality and professional development. Introduction to information, technology and communication for learning by Mr. Rajesh Karkera, Director of IT, Introduction to hospital facilities by Mr Sabith DHO and Introduction to NSS by Dr. Ashwini, Shetty, Programme,Coordinator, NSS.

“DEEKSHARAMBH”-STUDENT INDUCTION PROGRAMME  
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**Mentorship Interaction**



**Session by Mr.Rajesh Karkera**

**Day 4 :** Sessions were held on : Yoga and Its Benefits by Dr.Tashika Kuttappa, Social responsibility of dentist towards the community by Dr Rekha Shenoy, Substance Abuse and Prevention by Dr. Maji Jose, Dean of Student Affairs.

Building your life style through human values by Mrs. Obeida Shoukat, Student welfare officer and introduction to Sports by Dr. Shailesh Shenoy , Sports coordinator YDC. The day ended with the mentoring program on “Peer pressure”.



**YOGA SESSION- Dr Tashika Kuttappa**



**Talk by Dr.Rekha Shenoy**

## “DEEKSHARAMBH”-STUDENT INDUCTION PROGRAMME I BDS 2023-2024 BATCH



**Session on Substance Abuse**



**Mentorship Interaction**



**Session by Mrs. Obeida Shoukat**

**Day 5** . Sessions included: “Fine Tuning, The Personality For Maximum Efficiency In Student Life “ by Dr. Akhter Husain, Prof Emeritus & Administrative Director, Centre for Cranio Facial Anamolies ,” Importance of Teachers Day” by Dr Vidya Bhat. It was followed by mentorship program on “Prosperity” and Cultural Programme by the newly joined students.

**Talk by Dr,Akthar Husain**



**Talk by Dr.Vidya Bhat**



## “DEEKSHARAMBH”-STUDENT INDUCTION PROGRAMME I BDS 2023-2024 BATCH

### Glimpses of Cultural program



**Day 6:** Mentorship program was held on “Relationships” followed by Campus tour.  
Feedback was obtained from all the students.

### Mentorship Program

