



EVENT REPORT

1	Title of the event	Menstrual Cup Awareness Program
2	Date of the event	2 nd February 2024
3	Organizing department / centre / college	Student council, Yenepoya Dental College
4	Organizing committee members	<p>Dr. Laxmikanth Chatra Principal, Yenepoya Dental College</p> <p>Dr. Sham Bhat Dean, Faculty of Dentistry</p> <p>Dr. Hassan Sarfaraz Vice Principal, Yenepoya Dental College</p> <p>Dr. RakshaBallal Staff advisor to the Student Council</p> <p>Dr. Varsha Haridas Upadya Staff advisor to the Student Council</p>
5	Name / s of the resource person, designation and affiliation	<ol style="list-style-type: none"> 1. Dr. ShrimaaKateel, Lecturer, Department of Prosthodontics, YenepoyaDental College and Hospital 2. Dr. EktaPai, Lecturer, Department of Prosthodontics, YenepoyaDental College
6	Event schedule (<i>enclose brochure if available</i>)	Attached
7	Brief report of the event	<p>The Student Council, Yenepoya Dental College organized a Menstrual Cup Awareness program for the I BDS, II BDS students and female faculty members on 2nd February 2024 at 12:15 pm in the Dental College Auditorium. Dr. Varsha Upadya introduced the topic and Dr. Vidya Bhat, Professor, Department of Prosthodontics gave the opening remarks. Dr. ShreemaKateel briefed the audience regarding the environmental hazards of disposable sanitary pads and the need for switching to environmentally friendly alternatives. She gave a detailed lecture on the selection and usage of the menstrual cup. Dr. EkthaPai addressed the Frequently Asked Questions regarding menstrual cup usage.</p>

	The lecture was followed by an interactive session where the faculty members and students raised queries and few menstrual cup users shared their experience. Dr. Maji Jose, Dean, Student Affairs, gave the closing remarks and presented certificates of appreciation to the speakers. The event concluded at 1:45 pm and was attended by 82 participants. The program was compered by Ms. Ayesha Haniya, NSS representative to the student council.		
8	Number of beneficiaries (Attach copy of the attendance sheet)	Students	71
		Teachers	11
		Others (specify)	
9	Attach geotagged photographs of the event with appropriate captions. <i>Please ensure quality of the photographs as the same may be used in various reports and websites.</i>		
10	Seal and signature of the organizer		



Fig. 1: Dr. Shrimaa and Dr. Ekta demonstrating usage of menstrual cup



Fig 2: Participants from I BDS, II BDS and faculty members



Fig 3: Dr. Shrimaa stressing the societal impact of sanitary pads

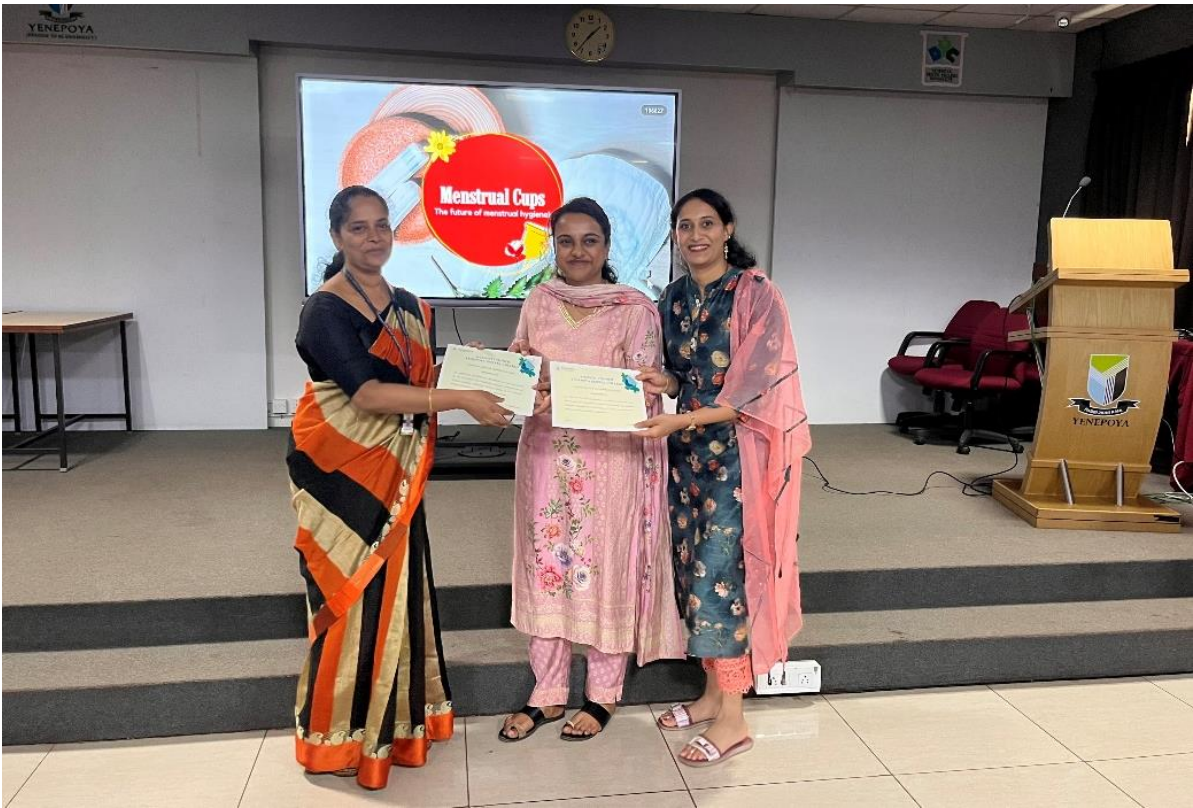


Fig 4: Dr. Maji Jose presenting certificates of appreciation to the speakers

Principal



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YENEPOYA
DENTAL COLLEGE



STUDENT COUNCIL YENEPOYA DENTAL COLLEGE

PRESENTS

MENSTRUAL CUP AWARENESS PROGRAM

Venue:

Yenepoya Dental
College Auditorium

Date:

2nd February 2024
12:00 pm

Resource persons: Dr. Shrimaa Kateel & Dr. Ektha Pai
Lecturers, Department of Prosthodontics

Dr. Laxmikanth Chatra
Principal

Dr. Sham S Bhat
Dean

Dr. Hasan Sarfaraz
Vice Principal



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